

BSS B.ED. TRAINING COLLEGE ALATHUR, PALAKKAD

NAAC ACCREDITED B++ GRADE WITH CGPA 2.85 (1 ST CYCLE)

(RECOGNISED BY NCTE & AFFILIATED TO THE UNIVERSITY OF CALICUT)



EXPLORING WISDOM PRAYANA



MONTHLY REPORT

OCTOBER 2023

COMMERCE OPTION



PRINCIPAL,
B. S. B. Ed. Training College,
Alathur (PO), Palakkad-Dt
Kerala - 678 841.





AWESOME
OCTOBER

COMMERCE OPTION

October

2023

S	M	T	W	T	F	S
1	2	3	4	5	6	7
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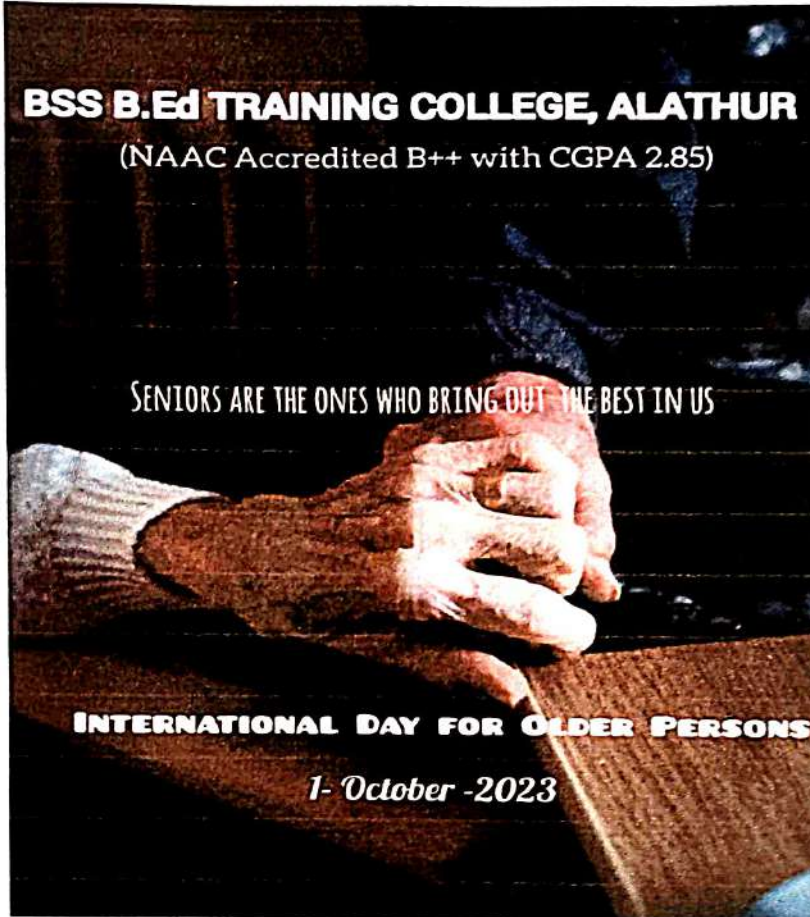


BSS B.Ed. Training College

NAAC Accredited B++ Grade with CGPA of 2.85
(Recognized by NCTE & Affiliated to the University of Calicut)
Alathur, Palakkad- 678541 Kerala



International elderly day- 1st October 2023



International Day for Older People is celebrated annually to recognize the contribution of older persons to examine issues that affect their lives.

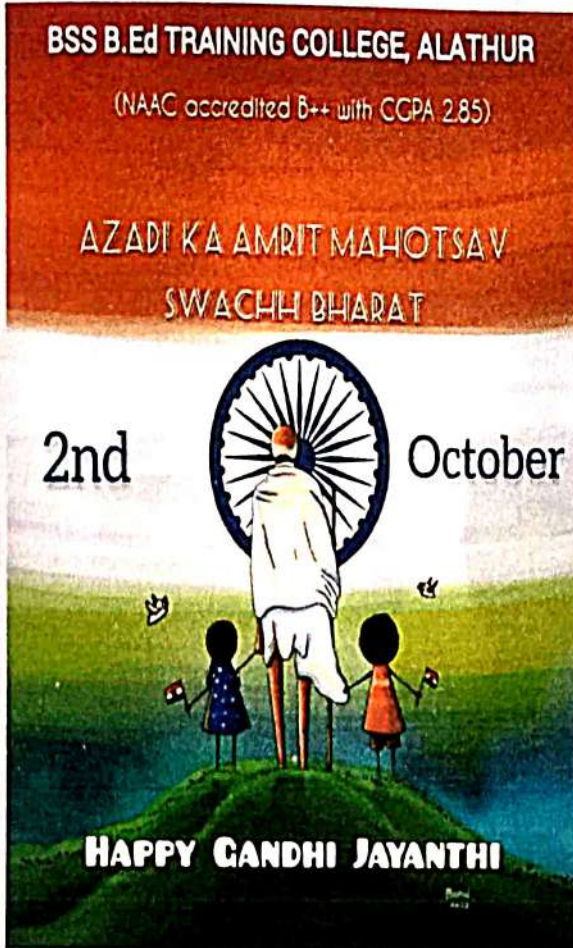
The students of BSS B. Ed TRAINING COLLEGE, ALATHUR celebrated 1st October 2023 which falls on Sunday in our own home and we spent our time with the most lovable persons who are our grandparents as well as old parents who live nearby. This day gave us immense pleasure and peace of mind for them. We engaged with them in small talk and listened to them sharing their stories. senior citizens should always be taken care of as they give us many valuable lessons and shared experiences



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Gandhi Jayanthi - October 2nd 2023



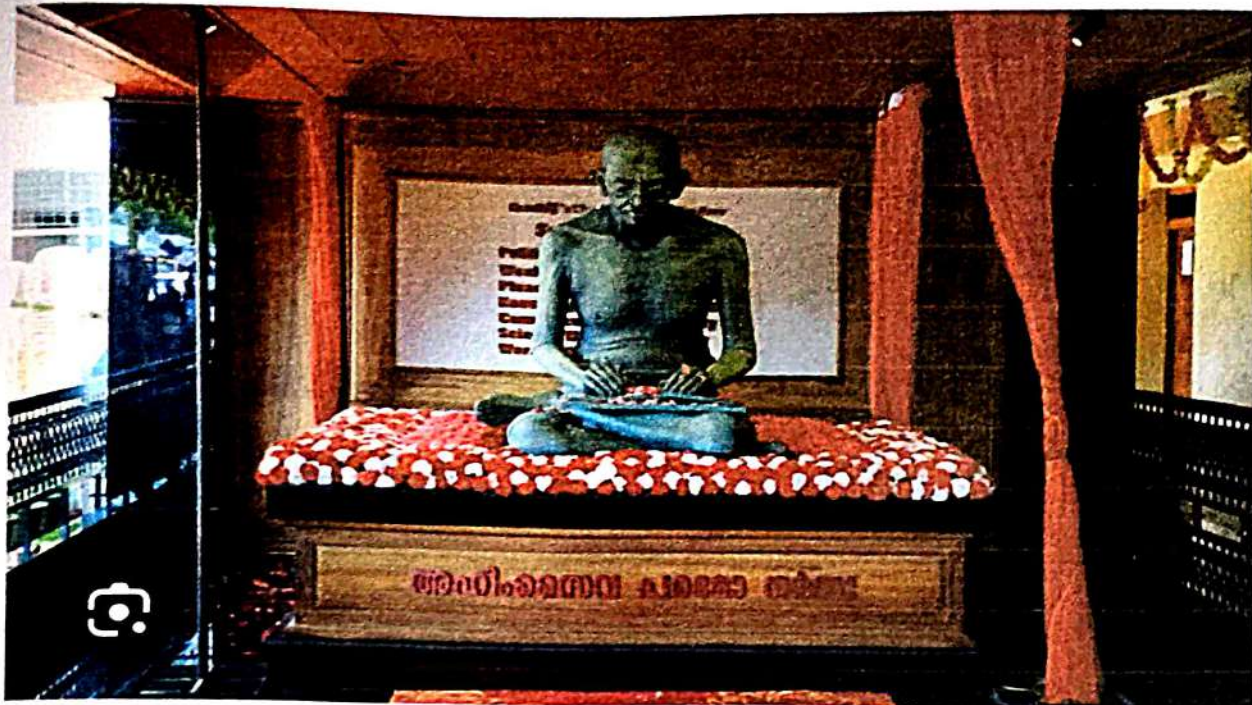
BSS B.Ed TRAINING COLLEGE, ALATHUR
(NAAC Accredited B++ with CCPA 2.85)

PROGRAM CHART

- * Guruvandhanam
- * Reading - Ente Sathyanweshana Pareekshanakatha
- * Pushparchana
- * Group song - Raghupathi Ragava Raja Ram
- * Pledge - Dr. K. S. Balambika
(Principal of Bss b.Ed training college)
- * Keynote Speakers - Shri. C. Balachandran
(President of Bss Educational Society)
- Dr. Vijayan V Anand
(Director of Bss B.ed training college)
- * Day observed as - Mounavritam and cleaning drive
- * Vote of thanks - Nidhi. K
- * National Anthem

Venue: BSS
Date : 2nd October 2023

Gandhi Jayanti is a holiday marking the October 2nd birthday of Mahatma Gandhi. The United Nations celebrates the day as International Day of Non-Violence. The BSS B. Ed TRAINING COLLEGE, ALATHUR celebrated and observed the day as a tribute to our national hero Bapuji.



Our BSS educational institution pays a great tribute to Gandhiji, in the institution we have a very special place having a Gandhi statue by quotes his "7 social sins". These 7 sins impart us with a knowledge of how to live a great life and the 7 sins; wealth without work; pleasure without conscience; knowledge without character; commerce without morality; science without humanity; worship without sacrifice; and politics without principle.

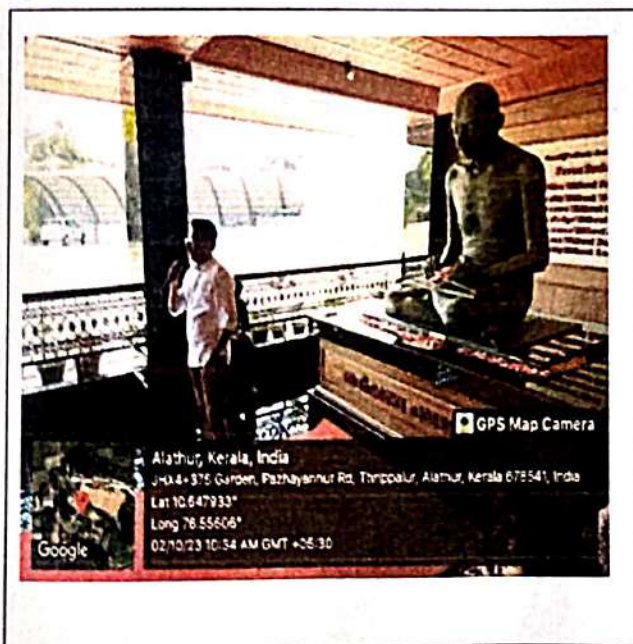
The day started with the prayer Guruvandhanam, and we paid our sincere gratitude to the Mahatma the great soul with a Pushparchana by Dr. K. S. Balambika (the Principal of BSS B. Ed TRAINING COLLEGE, ALATHUR), Shri. C. Balachandran (President of BSS Educational Society), dr. Vijayan V Anand (Director, BSS B. Ed TRAINING COLLEGE). Our teaching staff and students too offered the flowers to Gandhiji to pay respect.



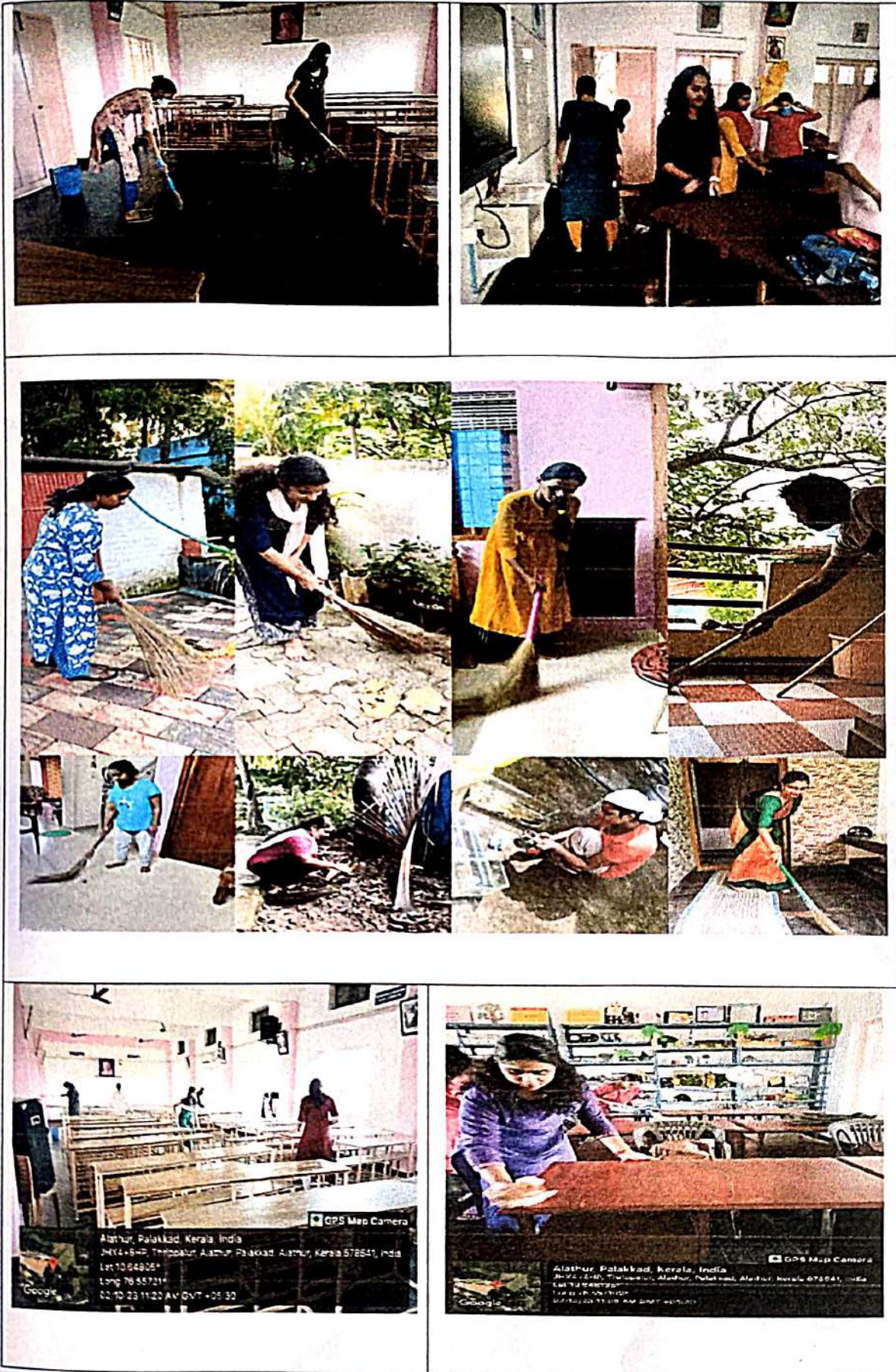
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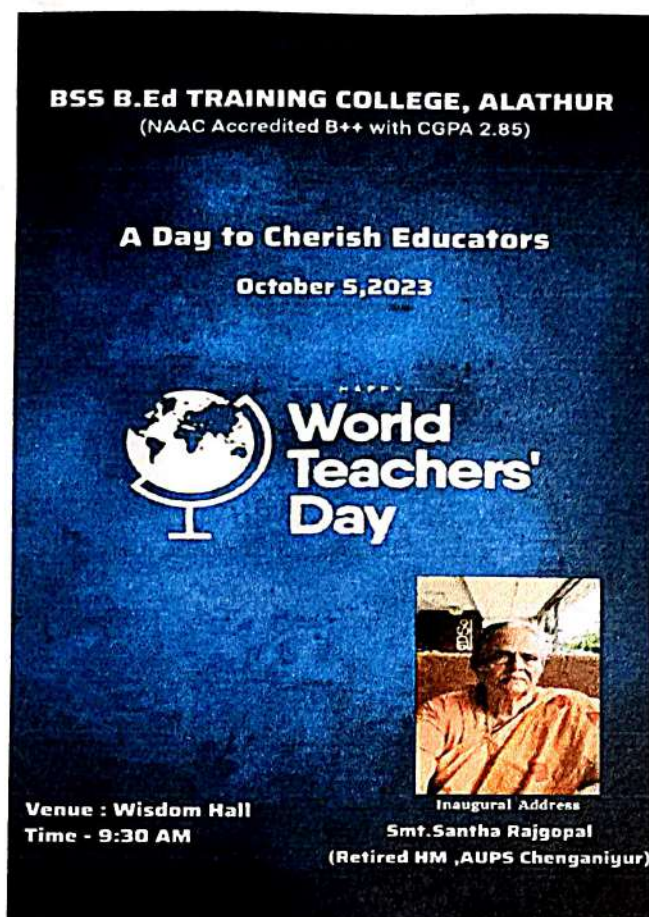
To show our devotion towards our Bapuji there was a group song sung by the teacher training students "Ragupathi Raghava Raja Ram". There have been many versions of Ramdhan while the Gandhian version is a divine one bringing ecumenical flavor. Gandhian philosophy on education provides a broader concept of the holistic development of an individual thus the program included a pledge to serve our nation with honesty and consistency. The pledge was led by Dr. K. S Balambika.



Cleaning Drive



International Teacher's Day



The International Teacher's Day program which was held at BSS Gurukulam on October 5, 2023, was a memorable occasion that brought together students, teachers, and the esteemed chief guest, Smt. Santha Rajgopal. The event which lasted from 9:30 to 10, was a heartwarming tribute to the teachers who play a pivotal role in shaping the future of students.

The program was welcomed with great spirit as students eagerly assembled in the college auditorium. The students eagerly awaited the arrival of Smt. Santha Rajgopal, our distinguished chief guest who served as Headmistress of AUPS Chenganiyur.

The principal Dr. K. S. Balambika delivered the welcome address and expressed her heartfelt gratitude towards the teaching staff and the chief guest. Her words highlighted the importance of teachers in constructing young minds and developing a love for learning.



Smt. Santha Rajgopal's presence added glitter and joy to the occasion. Her impeccable career in education and her passion for molding young minds made her the best choice for our chief guest. Her keynote address was both motivating and thought-provoking. She shared her views on the challenges and happiness of the teaching profession, highlighting that teachers are the architects of society's future.

Smt. Rajgopal's speech was a call to action, urging everyone to invest in education and value the role of teachers. She emphasized the importance of lifelong learning and encouraged students to chase their passions and dreams, knowing that they have the support and guidance of their teachers.

The next program of the day was the presentation of a token of love to our esteemed chief guest Srimathi. Santha Rajgopal. to the teachers. The auditorium was filled with applause and heartfelt moments as our guest was recognized for her dedication and hard work.



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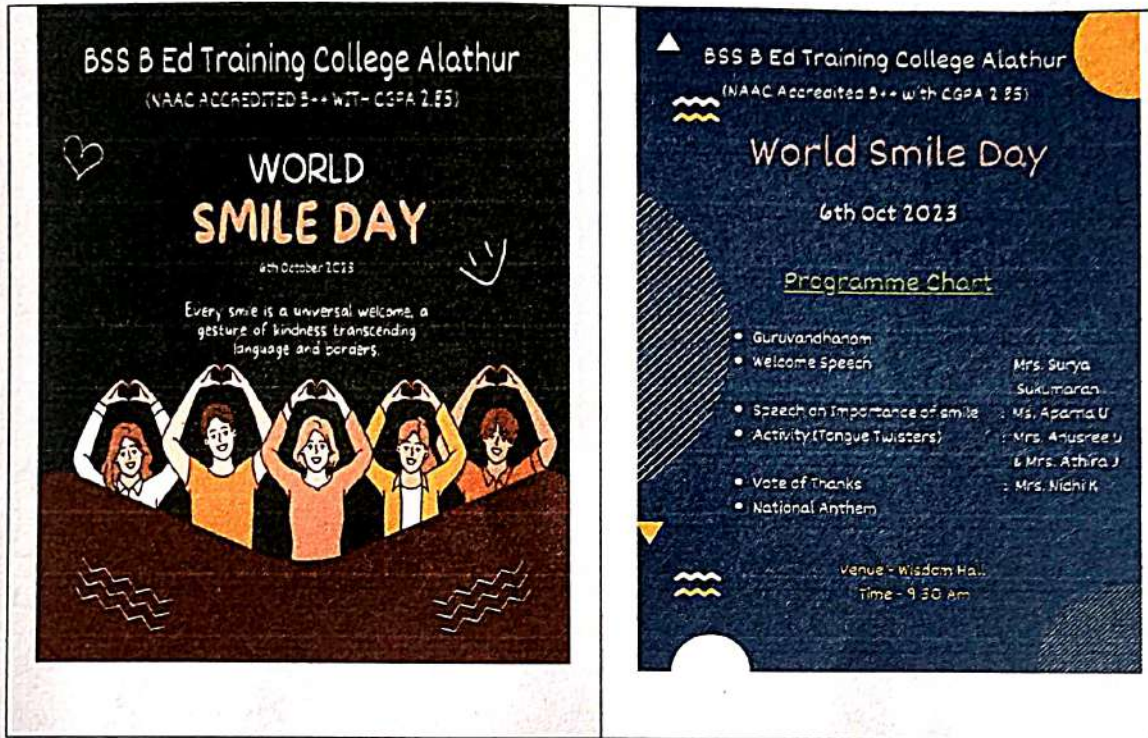
The program also witnessed the honoring of our dear friend Miss. Smruthy Vinayan for her contribution to our esteemed institution. She was honored by our Esteemed guest Srimathi. Santha Rajgopal and by our respected principal Dr. K. S Bala Ravi and the teaching faculties. The International Teachers Day Celebrations at Gurukulam was concluded by a Vote of Thanks which was delivered by Miss. Sneha. K.



In conclusion, the Teacher's Day program at BSS Gurukulam was an inspiring success. It brought together the entire college community in a spirit of unity, respect, and gratitude. The presence of Smt. Santha Rajgopal., the heartfelt tributes and the inspiring speeches by all contributed to a day that will be cherished in our memories for many years to come. It was a day to honor and celebrate those who selflessly dedicated their lives to mould and educate the next generation. Teachers, indeed, are the guiding lights of our society, and this program served as a great tribute to their innumerable number of contributions.

World Smile Day

World Smile Day is held at the BSS Bed training college Alathur on the First Friday in October every year and is a day dedicated to “good cheer and good works”



This year It falls on October 6 and brings together teachers, non-teaching staff, and students to promote acts of kindness and encourage people to smile and make others smile. The catchphrase is “Do an act of kindness -help one person smile. World Smile Day promotes goodwill and positivity through smiling at others and performing acts of kindness while serving as a reminder of the power of a simple smile to someone’s day and improve the world around us.



Prayer is not asking; it is the longing of the soul. The day started with the prayer gurvandhanam by the BSS prayer team. Our Principal Dr. K. S Balambika officially inaugurated the function and our beloved teacher Meera Ma'am delivered a speech. She expressed her words with a smile. The student Aparna U delivered a speech on the importance of Smile Day and she expressed her heartfelt appreciation. Her words accentuate the importance of the day. In the next program, Kavya M K and Athira J conducted tongue twisters, and representatives of each option and teachers participated in it.

Meenakshi from the English option demonstrated a laughing exercise and all the teachers and students were involved in it. Finally, Nidhi K delivered the vote of thanks. In Conclusion, the World Smile Day program at BSS Gurugulam was inspi



WORLD MENTAL HEALTH DAY

BSS B.Ed TRAINING COLLEGE,ALATHUR

(NAAC ACCREDITED B++ WITH CGPA 2.85)

10th october 2023
WORLD MENTAL HEALTH DAY



MANO JAYA AVA MAHA JAYA

Venue: Wisdom hall
Time: 11.00Am

World Mental Health Day is celebrated at BSS B.Ed. Training College on October 10, 2023, was a memorable occasion that brought together students, teachers, and the esteemed chief guest, Mr. Prakash Chungath. The event lasted from 11.00 am to 12.30 pm. The program was welcomed with great spirit as students eagerly assembled in the college auditorium. The event was started on a

positive note as it began with Guruvanthanam by our prayer team. The principal, Dr. K S Balambika delivered the inaugural address and expressed her heartfelt gratitude towards the teaching staff and the chief guest. Her words highlighted the importance of mental health constructing young minds. After that Jini mam shared her view about mental health and its importance.

BSS B.Ed Training College Alathur

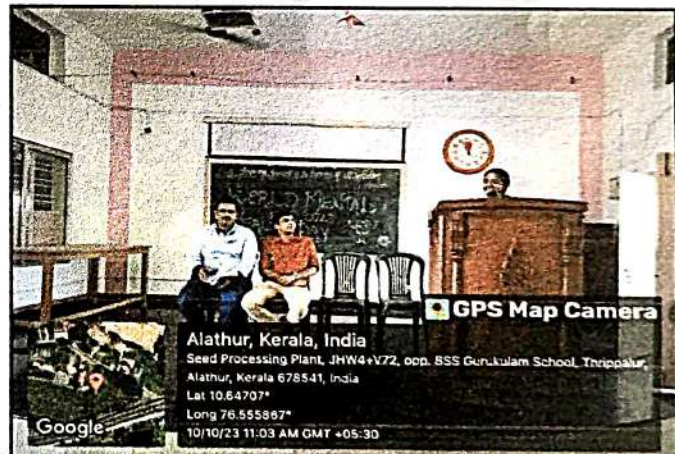
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World Mental Health Day
10th cotober2023

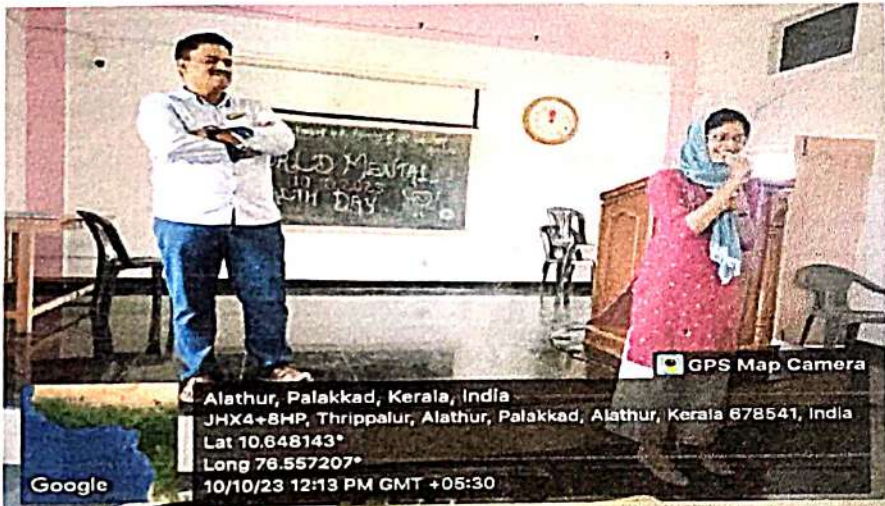
Programme chart

- *Guruvandhanam
- *Welcome Address : Mrs. Nidhi k
- *Inaugural Address: Dr.K.S Balambika
(PrincipaLBss B Ed Training College Alathur)
- *Special Address :Prakash Paul sir
- *Vote Of Thanks : Mrs. Athira.k
- *National Anthem

Venue : Wisdom hall
Time : 11.00Am



K.P.P.
PRINCIPAL,
B. S. S. B. Ed. Training College,
Alathur (PO), Palakkad-District
Kerala - 678 841.



INTERNATIONAL GIRL CHILD DAY

<p>BSS B.Ed TRAINING COLLEGE ALATHUR (NAAC Accredited B++ with CGPA 2.85)</p> <p>International Girl Child Day 11 October 2023</p> <p>Programme chart</p> <p>Guruvandhanam</p> <p>Inaugural Address : Dr.K.S.Balambika (Principal, BSS B.Ed Training College Alathur)</p> <p>Programmes : Poster Making Competition Poem Competition</p> <p>Venue : Wisdom Hall</p>	<p>BSS B.Ed TRAINING COLLEGE , ALATHUR (NAAC Accredited B++ with CGPA 2.85)</p> <p>INTERNATIONAL GIRL CHILD DAY 11 October 2023</p> <p>Smiles of every little girl is the signature of God's presence</p> <p>Venue : Wisdom Hall Time : 9:30 A.M</p>
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The program which was held at BSS Gurukulam on October 11, 2023, was a memorable occasion. The event which lasted from 9:30 to 10 great programme that emphasized the importance of the Girl Child in our society.

The program was welcomed with great enthusiasm and spirit as students eagerly assembled in the college auditorium. The event started on a positive note as it began with Guruvandhanam by the prayer team led by Meenakshi and Akhila. A.

The principal, Dr. K. S. Balambika delivered the Inaugural address and expressed her opinion about the day and its features. She also highlighted the importance of Girl Child in the community.

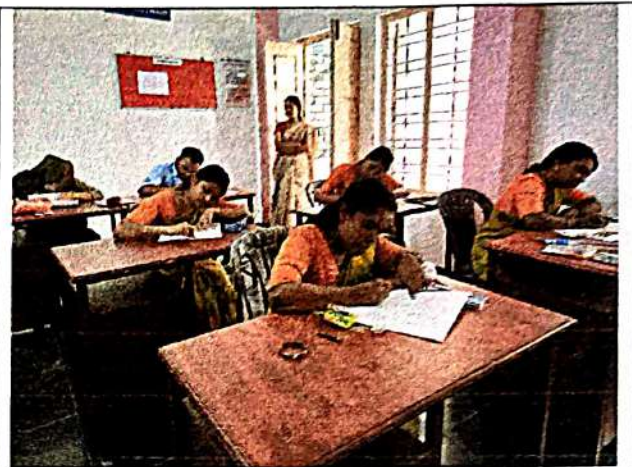
The next program of the day featured a review of the thought "You can tell the condition of a Nation by looking at the status of women" by our former Prime Minister Jawaharlal Nehru. The review of thought was beautifully presented by Sneha (Commerce) Anjana (Social Science), Akhila (English), Smruthy (Physical Science), and Jasna (Mathematics).

The next programme of the day was a creative poster-making competition which was held from 12 to 1 pm. All the students presented their creative artwork however it was Anjali G and Farhana V (Social Science), Suchitra S (Social Science) Nikhila G (English), and Soorya Sukumaran (Commerce), and Sumi KS(English) who won the 1st 2nd and 3rd prize respectively. Overall, the International



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Girl Child Day program held at BSS Gurukulam was a great program that was welcomed with great enthusiasm and spirit. It also highlighted the Importance of Girl children in our community as a whole.



BSS B Ed Training College

Alathur Palakkad

(NAAC Accredited B ++ Grade with 2.85 CGPA)

International Day of Girl Child 2023

**Congratulations! Poster Making Competition
Winners**

1st Place

Anjali G & Farhana V
(Physical Science Option)

2nd Place

Suchithra S
(Social Science Option)

&

Nikhila G
(English Option)

3rd Place

Soorya Sukumaran
(Commerce Option)

&
Sumi K S
(English Option)




Dr KS Balambika
Principal

WORLD STUDENTS' DAY

BSS B.Ed TRAINING COLLEGE ALATHUR
(NAAC Accredited B++ with CGPA 2.85)

World Students Day

15 October 2023

If you fail, never give up because
F.A.I.L means First Attempt In Learning.

BSS B.Ed Training College Alathur
(NAAC Accredited B++ with CGPA 2.85)

World Students Day

PROGRAMME CHART

Guruvandhan

Welcome speech Ms.Aparna.U

Inaugural address Dr. K.S Balambika
(Principal, BSS B Ed Training College Alathur)

Speech about the day Mrs.Nidhi.K
Ms.Aiswarya. M

Activity Essay competition

Vote of thanks Mr.Rakesh. PN

At 10:am
15 October 2023

World Students Day is celebrated on October 15, 2023. The former Indian President Dr. APJ. Abdul Kalam's birthday is commemorated on this day. The program was delivered through Google Meet and the session lasted from 10 to 10:30. The special occasion was brought together with our principal, students, seniors, and teachers.

The event was started with Guruvandanam by Anjali. The session begins with a welcome address by Aparna. The principal, Dr. K.S. Balambika delivered the inaugural address, her words motivated us and also highlighted the problem faced by students at present on using drugs and that would be the main challenge we are going to face as future teachers.

The speech about the importance of the student's day and remembrance of former President of India Dr. A.PJ. Abdul Kalam's contributions and efforts towards students' welfare and education was made by Nidhi and Aiswarya. As a part of World Students Day, an essay writing competition was conducted from 11 am to 12 pm based on the theme of the day 'If you fail, never give up because F.A.I.L means First Attempt in Learning.' Then the next day on 16 October 2023, we made a miniature version of the students' wall 'Reflecting Souls' where all the students pasted their views and thoughts on it. World Students Day program was concluded by a vote of thanks by Rakesh.

The programme held on October 15 2023 via Google Meet was a great successful one. It enlightened the relevance of a student, the greatest asset and the back of our nation. We are student teachers now to mold the future generation. The students are a reflection of a teacher's skill.




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WORLD FOOD DAY 2023 - OCTOBER 16

World Food Day is observed annually on 16 October to highlight the millions of people worldwide who cannot afford a healthy diet and the need for regular access to nutritious food. The theme for 2023 is **Water is life, Water is food. Leave no one behind.**

The Food Day Celebration at BSS B.Ed. training college, Alathur jointly organized with IQAC was a resounding success, bringing together students, faculty, and staff to commemorate the importance of food, community, and the spirit of giving.

The event commenced with a solemn and harmonious guruvandhanam and the prayer set the tone for the day. Following the prayer, Miss Sneha. K delivered a welcome speech by emphasizing the value of food, the blessing of good health, and the importance of sharing our abundance with those in need.

After that, our honorable Principal Dr. K. S Balambika, delivered an inspiring inaugural address. She highlighted the role of food in our lives, not just as sustenance but also as a symbol of culture and togetherness. She emphasized the importance of celebrating Food Day while addressing the growing issue of food insecurity in our society.

One of the most heartwarming aspects of the Food Day Celebration was our college's commitment to giving back to the community. We organized a food donation drive called "**Padheyam**", a unique initiative of BSS B Ed training college – "food for needy" with the support of students and teachers. These generous contributions were then presented to Alathur Taluk hospital, a local hospital that serves the underprivileged. The hospital staff and patients were deeply appreciative of this gesture, and it reinforced the spirit of caring and compassion within our college community.



BSS B Ed TRAINING COLLEGE
Alathur, Palakkad
 (NAAC Accredited B++ Grade with 2.85 CGPA)

The Observance of World Food Day
2023

Jointly organised by IQAC & Commerce Option



Water is Life, Water is Food. Leave No One Behind

Padheyam

An unique initiative of BSS B Ed Training College- "Food for Needy"

@ Alathur Taluk Hospital
 16th October 2023



Dr K S Balambika
 Principal



ബി.എസ്.എസ്. ബി.എഡ്. ട്രെയിനിംഗ് കോളേജ്
 ആലത്തൂർ, പാലക്കാട്
ഉച്ചഭക്ഷണവിതരണം
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The event concluded with a heartfelt vote of thanks delivered by Surya Sukumaran, who expressed gratitude to everyone involved in making the Food Day Celebration a success. The vote of thanks served as a reminder of the importance of unity and collective efforts.

In conclusion, The Food Day Celebration at BSS B. Ed training college Alathur was a meaningful event that highlighted the significance of food, unity, and giving back to the community. It not only celebrated the richness of food culture but also exemplified the college's commitment to social responsibility. The event served as a reminder of the power of collective action in making a positive impact on society.



A handwritten signature in green ink, appearing to be "S. S. S.", written over the printed name of the principal.

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NAVARATRI CELEBRATION

The Navaratri celebration which was held at BSS Gurugulam on October 18, 2023, was a memorable occasion, that brought together teachers and students, and a unique session on "AWAKENING THE INNER SPLENDOR" by the esteemed chief guest Mr. Saju Swaminathan. The event which lasted from 9 am to 4.30 pm, helped to learn about new things. How to set our bodies and minds to focus on our aims and goals.

The program was welcomed with great spirit as students eagerly assembled in the wisdom hall. The students eagerly await the arrival of Mr. Saju Swaminathan our chief guest, who is a life coach and motivational speaker.

The day started with the guruvandhanam by the prayer team led by Akhila Razak, Aparna Anil Kumar, and Akhila A.

The Principal Dr KS Balambika delivered the welcome address and expressed her heartfelt gratitude toward the chief guest and teaching staff. Her words highlighted the importance of Navaratri days yoga, and meditation how important in our lives.

The next program is held by the day welcome dance by the BSS crew. enjoyed as a Dandiya, a wonderful performance.

Mr. Saju Swaminthen our chief guest's speech was a very motivating technique to improve time management was effective and the session called "Pankedukuka Praptharakuka" improved the memories. ABCD empowers learning with life skills. The way of motiving was inspiring. The yoga session improved the mind and body parts to calm and quiet and the game too. The second half of the day continues with the same energy. The session ends with the same energy as started. The day Gurugulam was concluded by a vote of thanks which was delivered by Jini Ma'am.

In conclusion, the motivation program at BSS BEd Training College was an inspiring success. Yoga and meditation were effective and enjoyed by the students. It completely relaxes our body and mind and it highlights the relevance of yoga and meditation in our daily life.



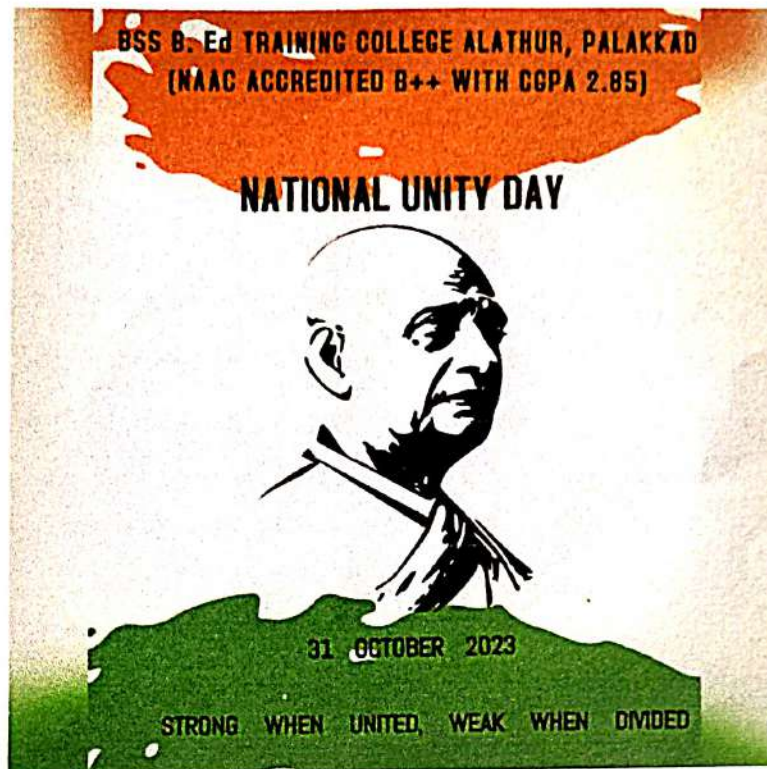
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NATIONAL UNITY DAY



National Unity Day is observed on 31st October. National Unity Day will provide an opportunity to re-affirm the inherent strength and resilience of our nation to withstand the actual and potential threats to the unity, integrity, and security of our country.

BSS B. Ed. Training College observed Unity Day on the college premises. Before the official inauguration of the program, to symbolize unity we the students and teachers released white balloons on the air

The program was welcomed with great enthusiasm and spirit as students eagerly assembled in the college auditorium. The event started on a positive note as it began with Guruvandhanam by the prayer team led by Meenakshi and Akhila. A. The principal, Dr. K. S. Balambika delivered the Inaugural address expressed her views about the day, and took the oath.

The program also witnessed a speech by Smt. Athira C shows the need for unity, integrity, and security in our country. The program was concluded by a vote of thanks by Sri. Rakesh Prakash Naran.

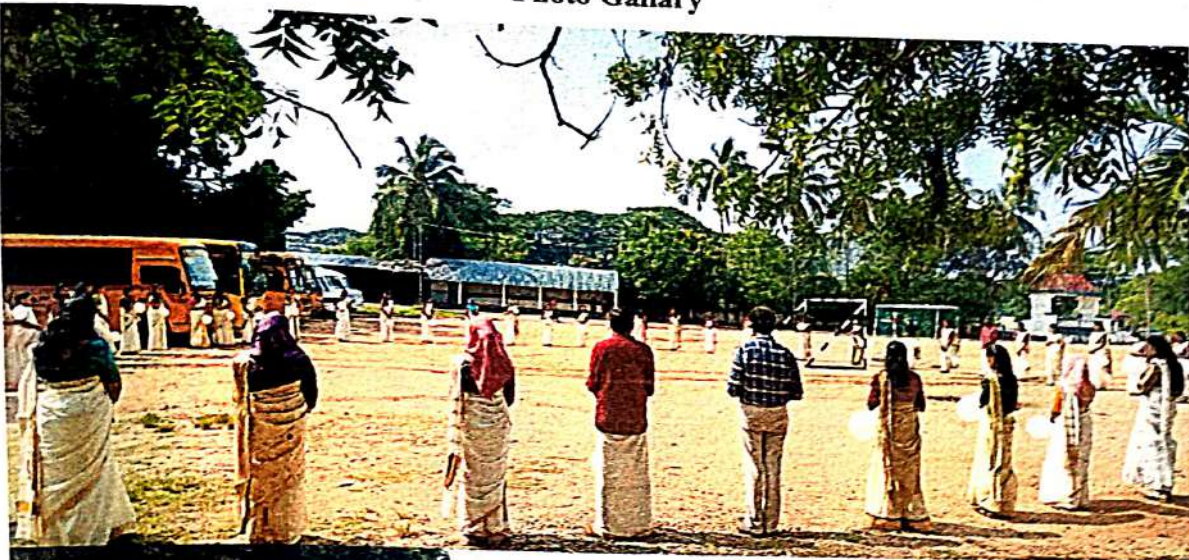
Oath

"I solemnly pledge that I dedicate myself to preserving the unity, integrity, and security of the nation and also strive hard to spread this message among my fellow countrymen. I take this pledge in the spirit of the unification of my country which was made possible by the vision and actions of Sardar Vallabhbhai Patel. I also solemnly resolve to make my own contribution to ensure the internal security of my country".




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Photo Gallery



Yes
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