



Let Noble Thoughts Flow to Everyone from all Directions

## BRAHMANANDA SWAMY SIVAYOGI B.Ed TRAINING COLLEGE

Affiliated to Calicut University and Recognised by NCTE  
ALATHUR, (P.O.) PALAKKAD Dt. KERALA. PIN - 678 541.  
Phone : (Off) 04922 - 224415 (Adm) Off) 04922 - 222315



Internal Initiatives

Annual Report

2017 - 2018




**ALATHUR, PALAKKAD-678541**

Ph:04922-224415, e-mail: [bssaltr@gmail.com](mailto:bssaltr@gmail.com), website: [www.bsstcaltr.com](http://www.bsstcaltr.com)

(Recognized by NCTE Recognition No: FKL/SEC/M/136/SRO/NCTE/2004-2005/757

Affiliated to Calicut University No. G. A. I/D4/1929/05 dt.CU 23.06.2006)



  
**PRINCIPAL,**  
**B. S. S. B.Ed, Training College,**  
**Alathur (PO), Palakkad-Dt:**  
**Kerala - 678 541.**



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**Internal Initiatives**

**Annual Report**

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### **ABOUT THE COLLEGE**

#### **BSS B.Ed. Training College – Creating Future Leaders since 2005.**

BSS B.Ed. Training College, Alathur started with a vision of promoting Quality teacher education in 2005. The College is situated at Alathur in Palakkad District of Kerala. The founder of the college is Swami Nirmalananda Yogi (Swamiji) - A Philanthropist, Humanitarian, & a great visionary leader.

BSS B.Ed. Training College established with an aim of creating a paradise on earth by encouraging everyone to develop noble thoughts and emotions which are the most effective means of transformation in human society. Emerging in an individual mind, when shared, they begin to spread and pervade many hearts, minds and intellects. The cohesion and harmony they bring about are verily immense. This is the great message of our Swamiji "MANO JAYA EVA MAHA JAYEVA, AHIMSAIVA PARAMO DHARMA"

#### **Our Motto**

*Ya Vidya Sa Vimukthaye*

#### **Our Vision**

लोकाः समस्ताः सुखिनो भवन्तु

*"May everyone, in the whole world, be happy"*

**To be the Epitome of Humanity**

#### **Our Mission**

- To empower future teachers to become real leaders of world peace.
- To nurture the divine inner resources and to evolve as an integrated personality.
- To develop a self-restrained, self-reliant and selfless human being for the entire universe
- To equip prospective teachers with a global outlook imbued with India's rich heritage of cultural and spiritual values

#### **Eternal Values**

- Promote spiritual, ethical and value-based leadership with integrity.
- Develop an abiding inner persuasion to be spiritual and committed for the wholesome development of the universe.
- Grow love and respect for our country and her universal cultural values.
- Manifest educatedness – The capacity to strive towards their own well-being and the well-being of others.
- Cultivate equanimity of mind for inner peace and happiness.



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### **World Food Safety Day – 07.06.2017**

World Food Safety Day was celebrated on 7 June in our institution to draw global attention to the consequences of contaminated food and water to health. The program was inaugurated by our principal Dr. K. S Balambika and delivered message to our students and teachers. Also, this day focuses on the way to reduce the risk of food poisoning. The safety of food is a key to achieving Sustainable Development Goals. On this day institution organized a food fest 'RASA' in the institution.

### **National Reading Day – 19.06.2017**

India celebrates National Reading Day to honour P N Panicker, the founding father of Libraries as well as the Literacy Movement in Kerala. BSS B.Ed training college, Alathur celebrated National Reading Day on 19<sup>th</sup> June 2017. The session began with Guruvandanam. A student delivered welcome speech and the session was inaugurated by our principal Dr.K.S. Balambika. As part of the celebration various programmes was organised like speech, reading competition and the winners were given books as prize. The session was winded up by vote of thanks followed by National anthem.

### **International Yoga Day – 21.06.2017**



Institution celebrated international yoga day on 21st June 2017. International Yoga Day is observed every year on June 21<sup>st</sup> to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice that plays an important role in relaxing the mind and body and boosting people's immune systems. It was attended by All the faculties and Students with great enthusiasm. The event began with a brief introduction on Yoga Day by our Principal Dr. K S Balambika Ma'am and by welcoming the Yoga trainer Smt. Manjusha. All the students and teachers actively practiced yoga in a healthy manner.



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### **International Music Day – 21.06.2017**

**“Music is the language of the spirit. It opens the secret of life bringing peace, abolishing strife.” — Kahlil Gibran**

Listening to music triggers a release of hormones, like dopamine, that can make us feel good! Studies have shown that not only is dopamine released when we listen to a preferred song, but it may be released as often as each beat of that song!



Institution has conducted the International music day on 21<sup>st</sup> June 2017 to encourage:


- the promotion of our musical art among all sections of society
- relief of feelings of anxiety and depression
- the application of the UNESCO ideals of peace and friendship between peoples, of the evolution of their cultures, of the exchange of experience and of the mutual appreciation of their aesthetic values

In our institution we provided a chance to display the musical talents of our students.

### **College Day Celebration – 04.08.2017**

On 4<sup>th</sup> August 2017, our college organized its annual day program that was held in the college multipurpose hall. On this special day Sudheep Palanad Sir was our chief guest. Parents of all the students were also invited on this day. Our college general hall was completely decorated with lights and flowers. The program was inaugurated by lighting the lamp at the hands of our chief guest. Simultaneously, the principal ma'am Dr. K S Balambika ma'am, Sri C Balachandran Sir President, BSS Educational Society, Dr. Vijayan V Anand, Our Director and all the faculties also lit the lamp.



  
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The cultural show began with college prayer. The students from different optional subject participated and performed various cultural programs. First of all, students presented a welcome program by welcoming the chief guest and parents of the students.


Finally, the vote of thanks was delivered by our college chairperson Divya V. She acknowledged the efforts of students, teachers and supporting staff and thanked the esteemed guests for their precious time and presence. This was followed by the National Anthem as a tribute to our nation.



### **Talents Day Report – 05.08.2017**

Our institution was organized talent day on 5<sup>th</sup> August 2017 to identify the hidden talent among its students who are pursuing B.Ed. course. Programme was divided into two phases. In the 1st phase students participated enthusiastically in different events. It was a team of expert faculty that trained the students to participate in all these events. In the 2nd phase there was a cultural function. Addressing the audience Dr. K S Balambika, Principal, BSS B.Ed. Training College, said that "Such events boost the confidence of the students and encourage them to come forward. The guidance of the teachers further sharpens their inborn talents. These programmes are organized by the College from time to time in order to unravel the creative talent of the young students".



  
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**Independence Day Celebration – 15.08.2017**



Independence Day was celebrated with great enthusiasm and respect at our college on 15.08.2017. The celebration started at 9:00am with the hoisting of National Flag. To commemorate the sovereignty of our nation, Dr. K S Balambika ma'am, Principal, BSS B.Ed. Training College unfurled the tricolour flag and all in unison sang the National Anthem to pay homage to the nation. The celebration ended with vote of thanks. All the staff members were present at the occasion. Sweets were distributed at the end of the programme.



  
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### **Onam Celebration – 31.08.2017**



Onam celebrations were held on 31/08/2017 by 10 am at Devasrayam Rehabilitation Centre. Devashrayam is a non-political, non-religious and non-sectarian Charitable Society. It was started on 17 July 1996 by a committed group of people at Palakkad who were fired by the zeal to be of help to the underprivileged sections of the society. The means were limited but the motto "Help the helpless" kept the group moving ahead. The program began with welcoming of Mahabali Chakravarthy. The principal, teaching faculties and students attended the program. Cultural events were presented from each option which also included the iconic dance form –the t hiruvaathirakali and other dances associated with the state of Kerala and its heritage. The principal and faculties of BSS B.Ed. College shared their views about the program at the end. The traditional Onam Sadya was served to the gathering.



*KSP*  
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### Teachers Day Celebration – 05.09.2017

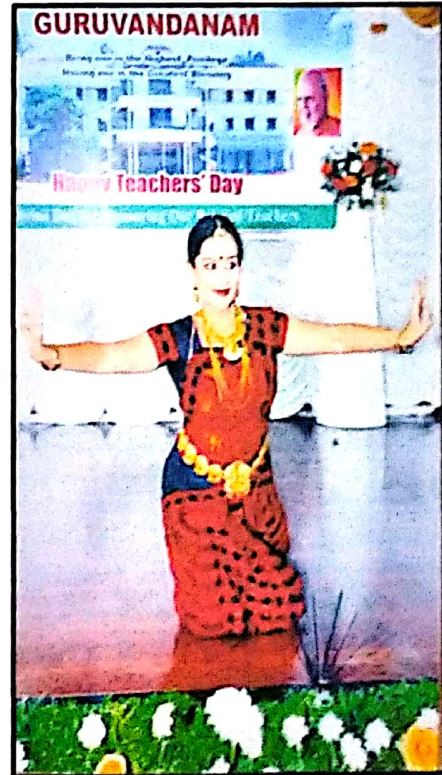



Our institution was celebrated Teachers Day on 5<sup>th</sup> September 2019 was marked for the respect and deference of Dr. Sarvepalli Radhakrishnan who was born on 5<sup>th</sup> September, 1888. On this special day our college general hall was completely decorated with lights and flowers. The program was inaugurated by

lighting the lamp at the hands of our chief guest Miss. Sakkeena (Rtd. Prof. in English, Victoria College, Palakkad) Simultaneously, our principal ma'am Dr. K S Balambika ma'am, Sri. C Balachandran Sir, President, BSS Educational Society and Dr. Vijayan V Anand, Our Director and all the faculties also lit the lamp.

The program began with college prayer. The students from different optional subject performed cultural programs. First of all, one of our students presented a welcome program by welcoming the chief guest and students.

Finally, the vote of thanks was delivered by our college vice chairperson Harsha Murali. She acknowledged the efforts of students, teachers and supporting staff and thanked the esteemed guests for their precious time and presence. This was followed by the National Anthem as a tribute to our nation.



  
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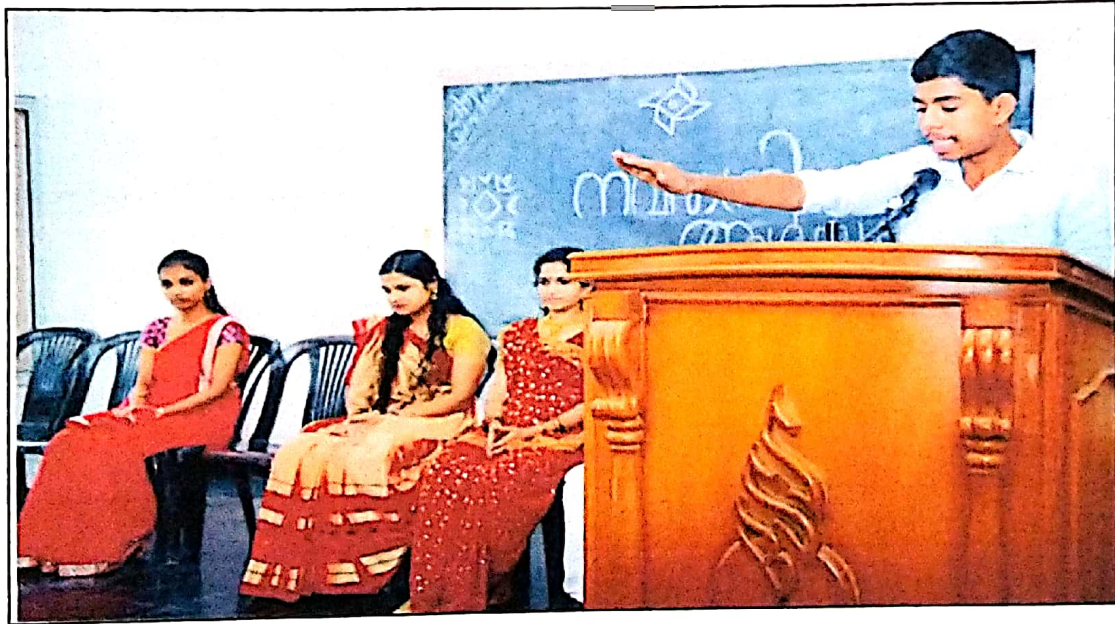
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**Chart Workshop – 25.09.2017**


As part of B.Ed. curriculum, we conducted a Chart workshop on 25.09.2017 under the guidance of all teachers of BSS B.Ed. Training College. All the students participated in the workshop. Students were assembled with materials and blue prints already prepared and checked by teachers. Each student prepared five different charts and one hour is given for preparing each chart.

**Navarathri Celebration – 28.09.2017**



Our college organized Navratri Celebration on 28<sup>th</sup> September ,2017 between 09.30 am to 01.00 pm. The celebration started by offering prayers to Goddess Navdurga and then by performing the traditional dance form Garba. All the Students, Faculty and Staff Members were invited to attend the event. Accordingly, the students were taken oath in that occasion. The event was well attended by all the enthusiastic students, faculty and staff members. All of them celebrated the day with joy and cheer. The event became an excellent example of celebration of tradition with joy and fervour at its fullest.



  
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### Report on Micro teaching

The institution organized microteaching from 6-10-2017 to 17-10-2017 to enhance the various skills among the teacher trainees. Each day each skill was practiced thereby helping students to acquaint themselves with various skills. Teacher trainees completed the microteaching cycle with the steps of teach, replan and reteach.

### Kerala Piravi Day – 01.11.2017

Keralapiravi was celebrated celebrated Kerala Piravi on 1<sup>st</sup> November, 2017. Our Principal Dr.K.S.Balambika delivered the special address and students performed cultural events.

### Visit to Sravanasamsara School – 28.11.2017



On 28/11/2017 the studnets and teachers visited Sravasmasara School a special school in palakkad distrcit. The institution functions for the educational upliftment of the deaf and dumb children. Mainly the visit was organised to acquaint student teachers to familairise the curriculum pracrices in the special schools. Along with that the visit provided an opportunity for

students teachers to contribute or do help for the empowerment of such students.

Through this visit student teachers gained real world exposure and practical experinece in delaing special children. The visit offered an experience to the future teachers to identify, handle and teach students with special needs with confidence and the learn the skills needed to handle special students. Moreover the institution decided to contribute hearing aids to schoolchildren.



*[Signature]*  
Principal  
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### **Christmas celebration – 22.12.2017**



The Christmas celebration was conducted in our college for the academic year 2017-18 batch on 22.12.2017. The celebration was held in our college general hall. The entire hall was beautifully decorated with flowers, festivals and lights. All the students and faculty members were very excited and full of enthusiasm for the celebration. The ceremony began with prayer at 9:30 am. After that, various programs were organized one after the other. Along with this, the principal ma'am wished everyone a very happy Christmas and also gave a short motivational speech.



  
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**New Year Celebration – 01.01.2018**



To mark the beginning of the year a New Year celebration was organised in BSS B Ed Training College Alathur on 1<sup>st</sup> January 2018. The programme presided by our beloved Principal Dr K S Balambika. Principal shared valuable wishes and New Year message on that auspicious day. All the students and teachers shared New Year wishes. Institution celebrated the New Year with great joy and excitement. The programme ended by the New Year friend gift exchange and different cultural programmes of students.


**National Youth Day – 12.01.2018**

Our institution celebrated National Youth Day on the commemoration of Swami Vivekanandha on 12<sup>th</sup> January 2018.

**International Girl Child Day – 24.01.2018**

On 24<sup>th</sup> January 2018 we celebrated international girl child day. The program was inaugurated by our principal and there was an interactive session with Sri Prakash Paul renowned psychologist.



  
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**Republic day Celebration 26.1.18**

Our college celebrated Republic Day on the 26th January, 2018. Students, Staff and Faculty members filled with a feeling of patriotism and dedication gathered in front of the building. The celebration started with the hoisting of the National Flag by our principal Dr. K S Balambika Ma'am. In her speech, the principal highlighted the importance of this day and its unique features such as Sovereign, Socialist, Secular, Democratic and Republic enshrined in the preamble of the constitution. The speech was followed by the National Anthem, various other representations of the art forms in the different dances and songs performed by the students, giving a glimpse of the diversity in unity of the nation and the Guard of Honour. The program ended with the message to create a great nation through collective efforts from all individual. Sweets were distributed among all the guests.

**Model workshop – 01.02.2018**

A workshop on model preparation was organized on 01.02.2018. The workshop began with an official declaration by principal mam Dr KS Balambika. All the subject teachers gave necessary guideline for the preparing of the modal. The students were given stipulated time to complete model. In total three models were to be completed two still models and one working model. Tamely supervision and doubt clearance of the session make the program successful.



  
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### Community Living Camp – 14.02.2018



The 4-day Community Living camp "MYTHRI" of our institution of the academic year 2018-20, a compulsory activity of second-year B.Ed. program was held. The theme of the camp was "YOUTH FOR PREVENTION AND MITIGATION". It was an unforgettable experience that created a huge bonding between student teachers and teachers of this institute. Principal



  
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of this institute Dr. K S Balambika ma'am was the convener of the Community living camp. Ms. Rasmi V M (Assistant Professor in Commerce) was the coordinator of this camp. Through this assignment the student teachers try to explore the models of group work and community organization, the types, principles, values, skills and techniques used during the camp. There are opportunities to spread awareness, information, interact, and organize programmes for the community during the camp.


### Women's Day Celebration – 08.03.2018

“A strong woman is a woman determined to do something others are determined not be done.” – Marge Piercy



To commemorates the inspiring role of women around the world BSS B Ed Training College celebrated Women's Day on 8th March 2018 at 2.00 p.m. The celebration aimed to secure women's rights and build more equitable societies , to appreciate the achievements of women and to seek gender equality. Students uplifted the empowerment of women through cultural activities. Our beloved principal Dr K S Balambika delivered a speech on importance of womens Day and honored all women in the institution with a rose flower.



  
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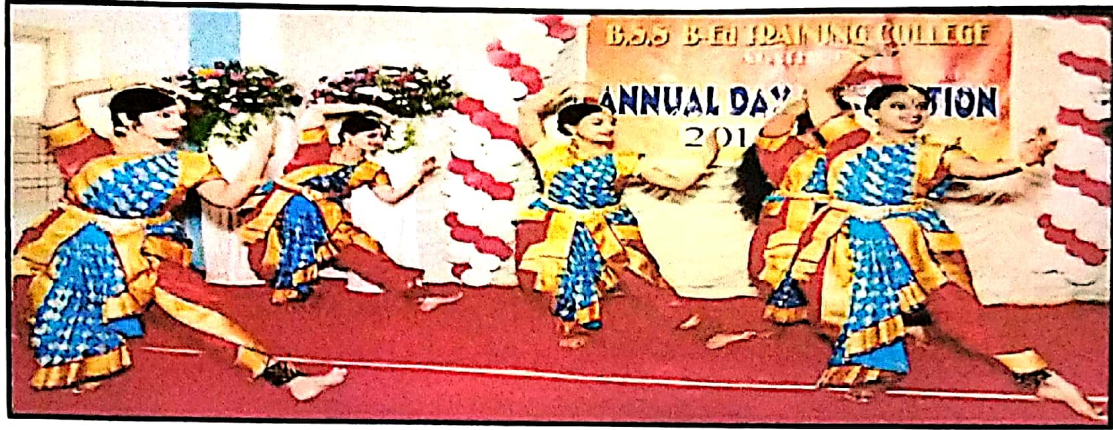


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### Annual Day Celebration – 14.04.2018




On 14<sup>th</sup> April 2018, our college organized its annual day program that was held in the college multipurpose hall. On this special day Sudheep Palanad Sir was our chief guest. Parents of all the students were also invited on this day. Our college general hall was completely decorated with lights and flowers. The program was inaugurated by lighting the lamp at the hands of our chief guest. Simultaneously, the principal ma'am Dr. K S Balambika ma'am, Sri C Balachandran Sir President, BSS Educational Society, Dr. Vijayan V Anand, Our Director and all the faculties also lit the lamp.



The cultural show began with college prayer. The students from different optional subject participated and performed various cultural programs. First of all, students presented a welcome program by welcoming the chief guest and parents of the students.

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**Environmental Day – 05.06.2018**

Our institution celebrated environmental day on 5<sup>th</sup> July 2018. Our principal Dr.K.S.Balambika delivered special speech on the conservation of environmental resources and students performed activities and awareness video presented.

**School Initiatory Programme – 06.06.2018**

As a part of B Ed programme of one week school initiatory is given in the second semester in curriculum. It serves as capstone experience that informs about and prepares teacher trainees of how to succeed in the school internship programme.


**Report on criticism class – 20.06.2018**

As a part of B Ed curriculum BSS B Ed training College organized criticism class every year. Criticism class often forms an integral part of B Ed teaching period. it is a time to identify and modify the key areas of strength and improvements. For enhancing such areas, criticism class was organized. Each student teacher was provided with an opportunity to practice a macro lesson which indeed helped them to get experience of preparing lesson plan for class room teaching. Further it helped the skill of structural observation of classroom teaching. The class was conducted systematically and adequately by teacher educators.

**International Yoga Day – 21.06.2018**

Institution celebrated international yoga day on 21st June 2018. International Yoga Day is observed every year on June 21<sup>st</sup> to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice that plays an important role in relaxing the mind and body and boosting people's immune systems It was attended by All the faculties and Students with great enthusiasm. The event began with a brief introduction on Yoga Day by our Principal Dr. K S Balambika Ma'am and by welcoming the Yoga trainer Smt. Manjusha. All the students and teachers actively practiced yoga in a healthy manner.



  
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