

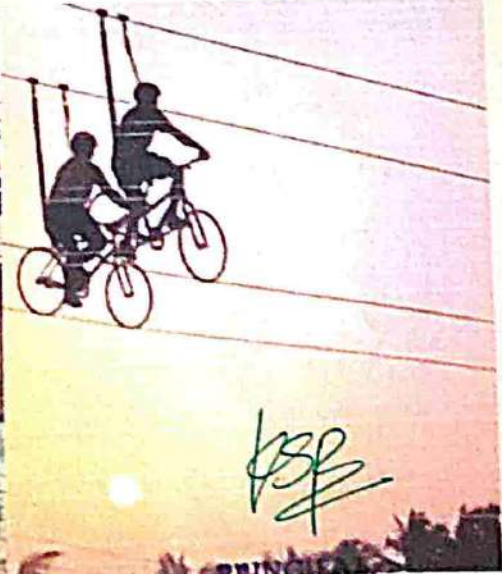
Field trip

Bss BEd college, Alathur

THURSDAY 15
FEBRUARY, 2024



Thanima Farm life, Chittur



PRINCIPAL
B. S. S. B. Ed. Training College
Alathur Palakkad-District
Kerala 688004.

FOUR REPORT

A verdant farm on the outskirts of Palakkad town, offering unique Stay & Day out packages, Adventure sports and Curated experiences.

DESTINATION

Thanima Farm Life

ABOUT THANIMA FARM LIFE

DATE

15/02/2024

Tucked away in a sleepy hamlet near the Kerala – Tamil Nadu border this green heaven is a slice of Kerala in its entirety with its swaying coconut and arecanut palms, abundant fruit trees, paddy fields, water bodies and unique stay options. Spread across 32 acres of fertile land, Thanima Farm Life offers a bit of everything for all age groups; be it the farming aficionado, the thrill seeking adventure sports enthusiast or the avid nature lover. The farm is a realisation of rigorous work put in over the years by Mr. C.J. Scaria Pillai, a Karshakashree winner, the highest honour for a farmer in Kerala.



As a part of B.Ed curriculum the
BSS B.Ed training college went to Thanima
Resort, located in Chittur. We started our journey
on 15th February at 8'o' clock and we reached
there at 9 AM.



At the entrance we were tied with the band naming
Thanima. Students were divided into 3 teams and 3
teachers were assigned for each teams. A guide for
each team and each team were taken to 3 different
locations inside the farm and introduced to the
flora and fauna and the adventurous activities over
there.

We had an amazing feast for our lunch with
varieties of curries all made from the farm itself, it
was healthy and tasty.

After lunch we again joined our respective teams
to explore the farm. By 3PM we all joined at
swimming pool which was an amazing
experience for everyone. everybody enjoyed it. By
4PM there was rain dance then after that we
changed our clothes and we had tea along with
some healthy cuisines.

Altogether it had beautiful moments to cherish.

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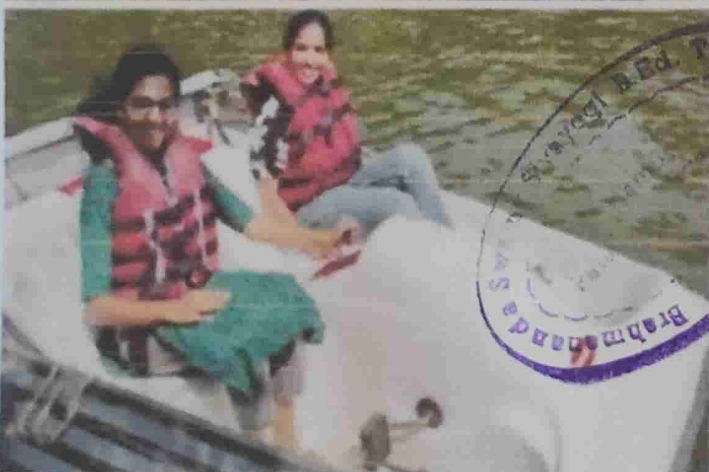
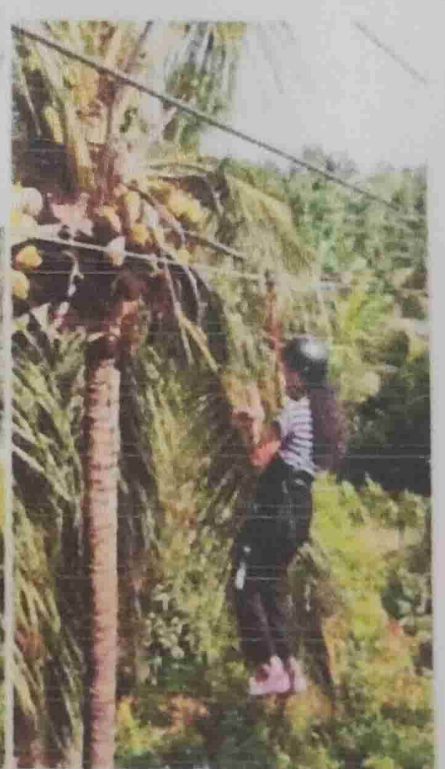
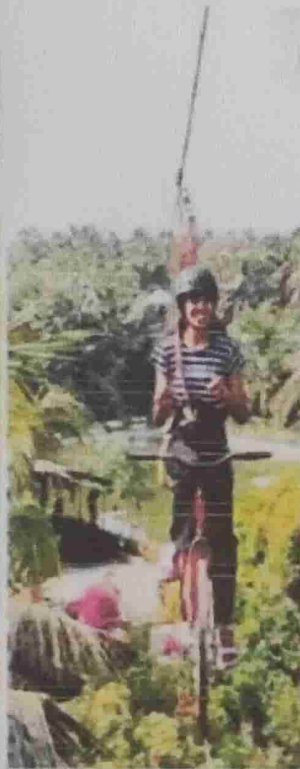
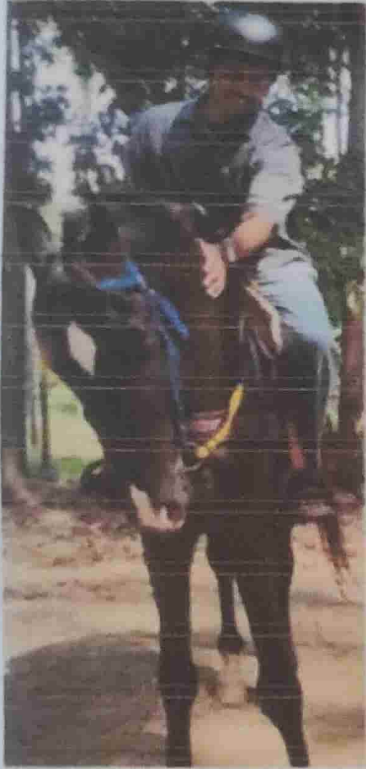


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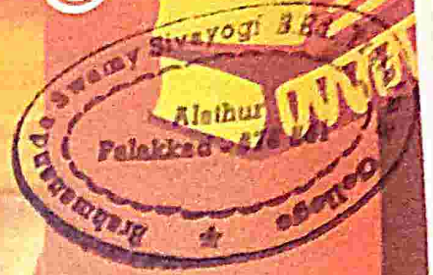
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Brahmandas
Bhavanji N. Ed. Training Centre
Salem, Tamil Nadu





BSS B.Ed. TRAINING COLLEGE

ALATHUR, PALAKKAD-678541

04922-224415, e-mail: bssaltr@gmail.com, website: www.bsstcaltr.com

Recognized by NCTE Recognition No: FKL/SEC/M/136/SRO/NCTE/2004-2005/757

Affiliated to Calicut University No. G. A. 1/D4/1929/05 dt.CU 23.06.2006)



EXPLORING WISDOM – PRAYANA

Monthly Report

JUNE 2023

Social Science Option



PRINCIPAL,
B. S. S. B.Ed, Training College,
Alathur (PO), Palakkad-District
Kerala - 678 541.



SS B.Ed TRAINING COLLEGE, ALATHUR
SOCIAL SCIENCE DEPARTMENT

Organizes

WORLD ENVIRONMENT DAY

CARING

OF NATURE

AND THE ENVIRONMENT

RESPONSIBILITY OF ALL HUMAN BEINGS

5 JUNE, 2023
WISDOM HALL



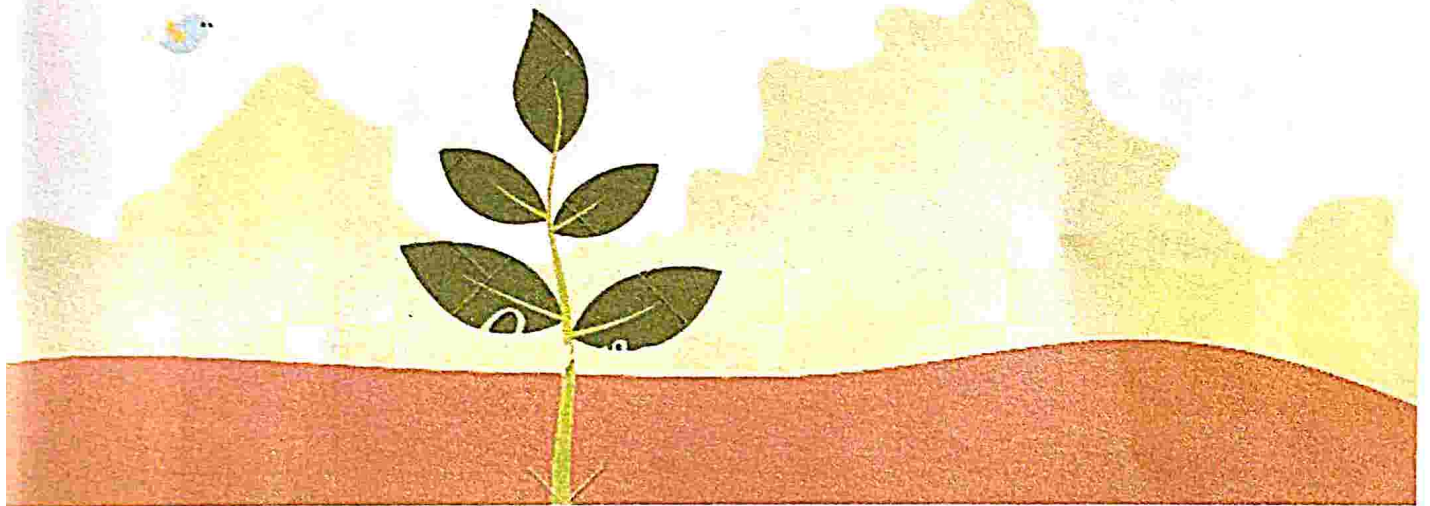
BSS B.Ed Training College, Alathur
Social Science Department



Let's

Plant a Tree!

WORLD ENVIRONMENT DAY EVENTS



COMPETITIONS

Quiz competition
Painting Competition
Skit

ACTIVITIES

- **Planting trees in houses**
- **Visit to V. F. P. C. K**
(Govt of Kerala) Alathur
- **Nature Walk**

For Registration and queries
Smt.Meera TN.9746732357

BSS B.Ed Training College, Alathur
Department of Social Science
World Environment Day 2023



"Let us nurture nature to have a nurturing future."

World Environment Day is celebrated every year on the 5th of June and aims at raising awareness and celebrating environmental action. This year's campaign is celebrated under the theme **#BeatPlasticPollution**. It highlights the need to take concrete action to achieve transformative change to tackle the climate crisis.

On 5th June 2023 BSS B.Ed Training College Alathur Celebrated World Environment day. The principal along with faculty members and students participated in the programme. The programme named "Let's Plant a tree". The aim behind organizing this programme was to give awareness to people about keeping the environment clean and safe from pollution. For the purpose, the students were asked to plant trees in their home to purify the air and make the earth green.

The programme started at 9.30 Am, Respected principal Dr.K.S Balambika ma'am inaugurated the programme with an opening speech giving an insight to the importance of the day. The team of principal and faculties *Jeevamritha* presented a poem "Ini varunoru thalamurakk" beautifully on the occasion. At 10.30 Am students were directed to visit VFPC, Alathur. There was a session on the topic "Soil, Health and nutrient management" carried by Ms. Benna Syam Madam.

Benna Syam Madam was explained about the establishment of institution at the beginning. Vegetable and fruit promotion council Kerala is a company established in 2001 as the successor organization of Kerala Horticulture Development Programme (KHDP) to bring about overall development of fruit and vegetables sector in Kerala. The primary objective of the council is to improve the livelihood of vegetable and fruit farmers empowering them to carry on vegetable and fruit production and marketing as a profitable venture.

Later Ganga Devi madam had get across about the variety of seeds produced by VFPC. About 19 varieties of vegetable seeds are procured and processed at seed processing plant. Then she instructed about how is organic farming done at home. She clearly explained the precaution must be taken such as oil testing, the level of organic matter should maintain in soil, biological pest control, selection of seed,



seed management etc. The students were cleared their doubts regarding organic farming. After the session students were brought to shown seed testing laboratories. And the students got an opportunity to have a nature walk through the plantation.

The next on the agenda was a play enacted by students on college auditorium which portrayed the crucial environment issues facing in the 21st century. On 2.30 Pm a quiz competition was conducted by social science option and graced with all faculty members along with the participation of students in every optional subjects.

Winners of Quize Competition

First Prize	Gopika
Second Prize	Almas Abdul

Next was the most awaited segments, painting competition. It was held based on the theme "**Save Environment**". Students from different optional subjects were enthusiastically participated.

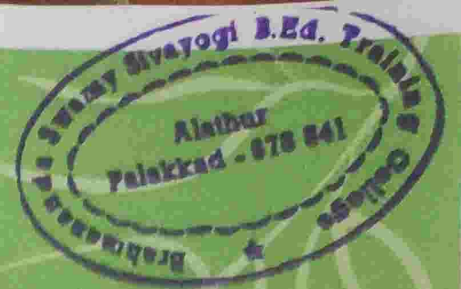
Winners of Painting Competition

First prize	Rchana
Second prize	Harishma
Third Prize	Soorya

The celebration came to an end with everyone pledging to take the initiative of saving the environment and doing their bit for a cleaner and greener mother earth.

Environmental education is now an essential part of all education stages. The objective is to achieve environmental awareness, reduce ecological footprints, develop respect for nature and take actions that help preserve the environment. The primary responsibility lies with teachers. They are the ones with an immediate and long-lasting impression on a kid's life. Therefore, the role of teaching in protecting the environment is crucial. This programme created an awakening about Nature and Sustainable development among our student teachers.

Nature Walk



“Looking at beauty in the world is the first step of purifying the mind.”





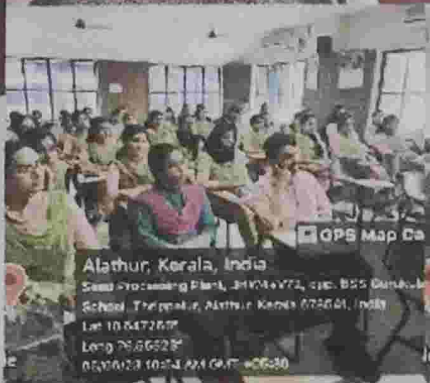
Alathur, Kerala, India
Seed Processing Plant, JHW4+V72, opp. BSS Gurukulam School, Thrippalur, Alathur, Kerala 678541, India
Lat 10.64727°



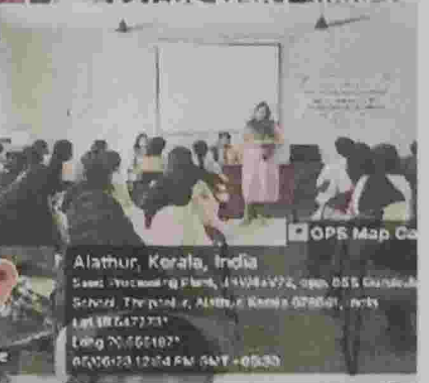
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Alathur, Kerala, India
Seed Processing Plant, JHW4+V72, opp. BSS Gurukulam School, Thrippalur, Alathur, Kerala 678541, India
Lat 10.647269°
Long 76.665232°
05/06/23 10:54 AM GMT +05:30



Alathur, Kerala, India
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B.S.S B.Ed. Training College
Alathur, Palakkad-678541, Kerala.



VIPASANA

INSIGHT INTO THE TRUE NATURE OF REALITY

19.12.2023 to 22.12.2023

2022 - 2024

Batch

Community Living Camp



PRINCIPAL,
B. S. S. B.Ed. Training College,
Alathur (PO), Palakkad-Dtg
Kerala - 678 541.

CAMP REPORT

www.bsstcaltr.com



B.S.S B.Ed. Training College

Alathur, Palakkad-678541, Kerala.



VIPASANA



PEEK INTO THE TRUE NATURE OF REALITY

Community Living Camp
19.12.2023 to 22.12.2023

DAY **3** 21.12.2023 THEME OF THE DAY : GURU



PROGRAMME CHART

06:00am - 06:30am

Prayer

06:30am - 07:00am

Embracing the Sun and Gandhi Darshan

07:30am - 08:00am

Breakfast

08:30am - 02:00pm

A Day with Masters

“കലയിടത്തിലേക്ക്”
Kalamandalam Visit

02:00pm - 03:00pm

Lunch

03:30pm - 06:00pm

Meeting the Legend 'Laletan'

“നേരിലൂടെ ഒരേത്തിനോട്ടം”

06:30pm - 07:00pm

Saluting the Great Warriors of the Indian Army

“Amar Jawan Jyothi” - Thrissur

07:00pm - 08:00pm

Dinner

09:30pm - 10:00pm

Camp Evaluation





B.S.S. B.Ed. TRAINING COLLEGE, ALATHUR

VIPASANA

(insight into the true nature of reality)

COMMUNITY LIVING CAMP – 2023 (2022 – 2024 Batch)

CAMP REPORT



Day-3 (21.12.2023)

Prayer:

Day 3 of the Community Living Camp 2023 was started with divine prayer where Dr. K.S. Balambika, Principal mam organized the prayer session which made students start the day with the blessings of the almighty.

Embracing the Sun and Gandhi Darshan:

Followed by the morning prayer, a patriotic session was conducted in the arena of Gandhi Statue where all the students and teachers sung devotional songs.

A Day with Masters:

A field trip to Kerala Kalamandalam Deemed University, Vallathol Nagar, Cheruthuruthy, Thrissur to enable the student-teachers to explore the new discipline. Where our students got the opportunity to explore the programmes and other services related to the rich tradition and heritage of Kerala along with the museum.

Meeting the Legend Lalettan:

In continuation of the field trip, there was a film show name “Neru”, a theatrical drama was enjoyed by all the student-teachers at a cinema theatre in Thrissur. The core concept of the drama was ‘Justice’.

Saluting the Great Warriors of the Indian Army:

There was a patriotic movement organized during the Day 3 of the camp. Our student-teachers visited ‘Amar Jawan Jyothi’ at Thrissur. A special speech given by Dr.K.S.Balambika, Principal mam on the patriotic sacrifice of our great Indian Soldiers followed by National Anthem was sung.

BSS B.ED. TRAINING COLLEGE ALATHUR, PALAKKAD

NAAC ACCREDITED B++ GRADE WITH CGPA 2.85 (1 ST CYCLE)

(RECOGNISED BY NCTE & AFFILIATED TO THE UNIVERSITY OF CALICUT)



EXPLORING WISDOM PRAYANA



Brahmavada Swamy Sivayogi B.Ed. Training College
Alathur
Palakkad - 678 841

PRINCIPAL,
S. S. B. Ed. Training College,
Alathur (PO), Palakkad-DK
Kerala - 678 841.

MONTHLY REPORT NOVEMBER 2023 SOCIAL SCIENCE OPTION



FIELD VISIT

On 23rd of November 2023, the students of BSS B.Ed Training College Alathur along with the Principal and the teachers went on a field visit to the very renowned and a place with so much historical value, Kalpathi. Kalpathi is a residential area in Palakkad city, Kerala, India. It is famous for the Viswanatha Swamy Temple, which is located along the banks of the Kalpathy river, one of the tributaries of the Bharathapuzha. Kalpathy is also famous for its agraharam, or traditional village. It is the first heritage village in Kerala. The annual festival Kalpathy Ratholsavam is held here, with chariots as the main attraction. We left the campus by 10 in the morning, in the college bus, with the whole 53 students, Principal and the teachers. We reached the destination by around 10.35 AM. We entered the Kalpathy Heritage village with full excitement and enthusiasm. Students were explained about the historical background and the values of the place and about the famous festival that takes place there, that is Ratholsavam, by an expert. Students were allowed to explore the place and enjoy the aesthetic beauty of the place, individually. They were also allowed to shop from the shops that gave colour to the whole place. Then we were taken to the banks of Kalpathi river, one of the tributaries of Bharathapuzha. The principal and teachers surprised the students with a special surprise, that levelled up the mood of the students. At sharp 12.30 we left Kalpathy and reached the campus back at 1.15 PM.



A visit to Heritage Village





Preserving the Heritage
Promoting the Future

EDU 01 : EDUCATION IN CONTEMPORARY INDIA

TASK 1 : VISIT AN INSTITUTION HAVING
MORE THAN 50 YEARS OF
HISTORY AND STUDY ITS
DEVELOPMENT AND PRESENT

Submitted To :

Meera Ma'am

Submitted By :

K. Roshini

Roll no : 14

English

MERCY COLLEGE, PALAKKAD

History:

Mercy College, Palakkad is a general degree women's college located in Palakkad, Kerala. It was established in the year 1965. The college is affiliated with Calicut University. This college offers various different courses in arts, commerce and science.

The college was initially a continuation of St. Mary's College, Trichur. It was the first women's college in Palakkad. It was affiliated to Kerala University until 1968, till the existence of Calicut University.

It was a Christian minority institution administered by Sai Christo C.M.C. Educational Agency, Palakkad. The

College is famous for its academic excellence, development of personality based on moral values. It is now a full fledged post-graduate Women's college with research facilities affiliated to University of Calicut. The college aims in training women for the service of God and humanity.

Currently Dr. S. Gisale George is the principal. She was the head of the department of Physical Education. The college is known for its contributions in the field of sports.

The college has around more than twenty courses which includes courses with post graduation and research facilities. It is known for its 55 years of excellence. Around more than 250 faculty members

are present in the college. More than two thousand students study in the campus. The campus has helipad facilities and a wide ground. NCC training is provided for the students.

Availabilities

The college has got many resources. It is a private aided affiliated college University of Calicut. It has a sum of around 18.2 acres of land and college is built in 15,309.64 sqm. The college has got many resources. Primarily it has got 11 courses in Science, 6 under Arts, Humanities and Social Science, 5 under Commerce and 3 in Computer Applications and IT. Physical Education is given importance, with proper training to athletes. The college has a vast

library, Science laboratories, IT Infrastructure etc. The library contains innumerable number of books of all courses. Eminent equipments are provided in the laboratories. The IT park has facilities for all internet services. A Counselling centre is present in the campus. The college has great sports facilities and a vast and beautiful garden. Heritage Museum is also encompassed in the campus. Canteen facilities with good quality food is given. Icecream park is present. Also hostel facilities for the students are provided. The college also has chapel where prayer sessions are conducted. It has got seminar halls, NAAC room and other facilities. It is basically a well equipped college in Palakkad for female students.

Motto

The college has a vision to achieve great academic excellence, development of skills and character formation. The college aims to train women for the service of God and humanity. It envisions to uplift the women in the society.

Vision

- * To become a center of learning par excellence
- * To empower women through education
- * To ensure an integrated development of individuals.

Courses

The college offers various aided courses at the undergraduate and post graduate level. Various job oriented courses are provided in the campus. Various certificate courses are

provided in the campus. Certificate Courses are intended to prove the interests of students.

Add on courses like Bio-Informatics were introduced in the campus. Open courses are provided to students. Various other courses to invoke the interests of students are provided in the campus. Research on English, Botany, Chemistry and Physics are done. It is affiliated to the University of Calicut.

Facilities

For the upliftment of the students NCC training is given in the college. NSS is another innovation. Students are given enough chances to serve the society. SSK is another program introduced in the campus. ASAP is the major innovation by the college. It aims to enhance the overall development of

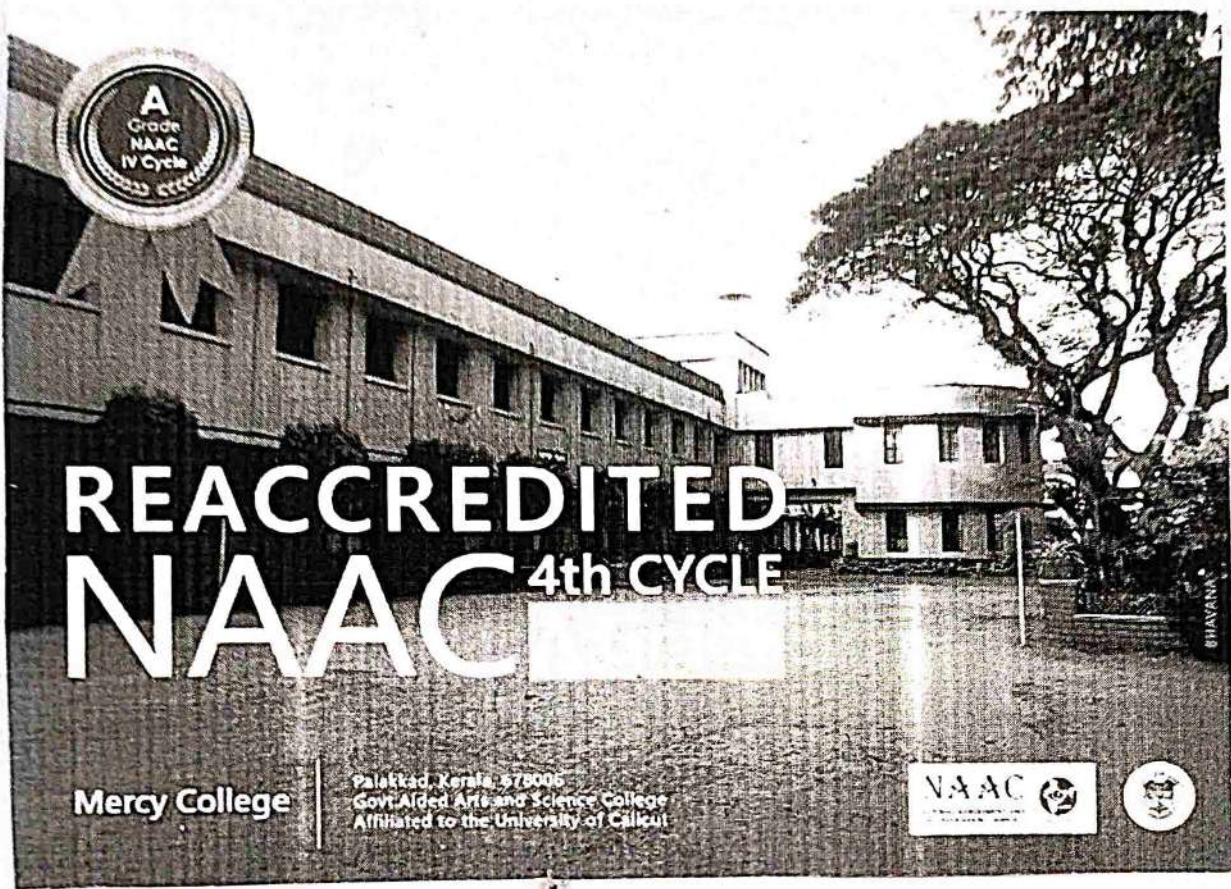
students. Various clubs such as IT Club, ED Club, Tourism Club, Nature Club, Debate Club, Saahrudam Club, Shrishti, Media Centre, Quiz Club, Health and Yoga Club aims to enhance the overall development of the school. Grievance Redressal Unit, Women Cell, Anti Ragging & Anti Drug cell aims at helping students to become psychologically fit.

Achievements

- * Re-Accredited with 'A' Grade by NAAC in fourth cycle in 2021.
- * One district One green champion Award for the year 2020-21 by the MGINCRE, New Delhi.
- * Awarded the Best College among the Affiliated College in sports during the year 2019-20 in Women section by the University

of Calicut.

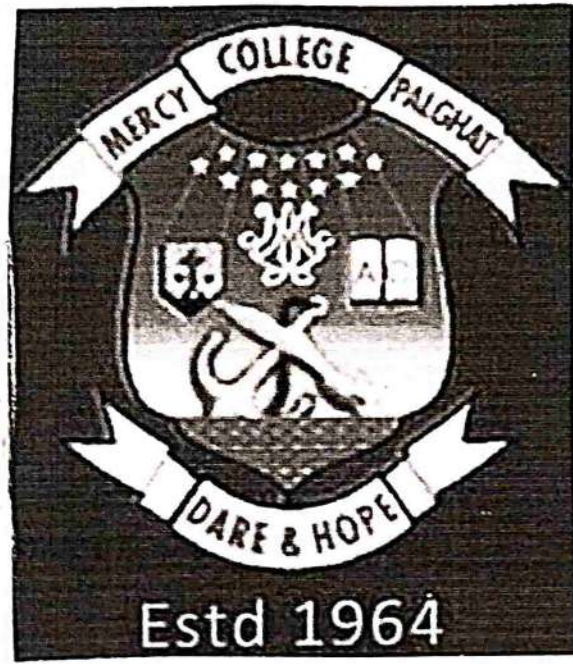
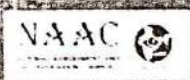
- * Awarded the Second Best College among the Affiliated College in sports during the year 2019-20 by the University of Calicut.
- * NIRF (National Institutional Ranking Framework 2017) 48th Rank in National Level and 6th Rank in state level.
- * Re-Accredited with 'A' Grade by NAAC in third cycle in 2014.
- * Best women's college among affiliated institutions in the field of sports for 2012-13.
- * Second Best Women's College in Sports under University of Calicut in 2011.
- * NAAC Reaccreditation with 'A' Grade in 2007.
- * Sr. Hedwige's National Award for the Best College in North Kerala in 2006.



REACCREDITED NAAC 4th CYCLE

Mercy College

Palakkad, Kerala, 575005
Govt. Aided Arts and Science College
Affiliated to the University of Calicut



Estd 1964