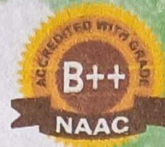


**B.S.S B.Ed. Training College**

Alathur, Palakkad-678541, Kerala.



# EXUBERANZA 2024

## ARTS DAY

**February 28, 2024**

**Venue: Wisdom Hall**



*VSP*

PRINCIPAL,

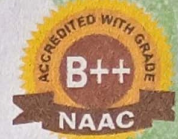
B.S.S. B.Ed. Training College,  
Alathur (PO), Palakkad-District  
Kerala - 678 541.





# B.S.S B.Ed. Training College

Alathur, Palakkad-678541, Kerala.



## EXUBERANZA 2024 ARTS DAY

Art nurtures creativity, innovation, and cultural diversity for all peoples across the globe and plays an important role in sharing knowledge and encouraging curiosity and dialogue. These are qualities that art has always had, and will always have if we continue to support environments where artists and artistic freedom are promoted and protected. In this way, furthering the development of art also furthers our means to achieve a free and peaceful world.

EXUBERANZA, ARTS DAY 2024 was held on 28th February 2024 at Wisdom hall, it was a day filled with excitement and enthusiasm. The event was inaugurated by Kalamandalam Gopika Gopakumar, Director, Lasya- Natyakalakshethra Palakkad with her graceful Mohiniyattam movements. The judging panel consisted of Kalamandalam Gopika Gopakumar, RLV Rose Marry Thomas and our beloved principal Dr. K S Balambika.

The events were staged in three Groups - "AGNI", "JALAM", "VAYU". The day witnessed six events ; Thiruvathirakali, Oppana, Patriotic Dance, Group folk Song , Fusion Dance and Couple Dance.

The list of winners of arts festival 2024 is attached with this report.



*[Signature]*  
PRINCIPAL,  
B.S.S. B.Ed. Training College,  
Alathur (PO), Palakkad-District  
Kerala - 678 541.





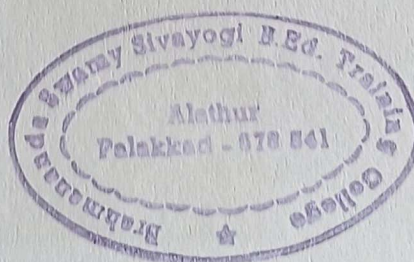
**B.S.S. B.Ed. TRAINING COLLEGE, ALATHUR**  
**EXUBERANZA 2024**  
**ARTS DAY (28.02.2024)**



TEAM	ITEM	CHEST NO.	TOTAL MARKS	RANK
<b>AGNI</b>	<b>THIRUVATHIRA</b>	<b>TH-01</b>	10	1 <sup>st</sup>
	<b>OPANA</b>	<b>OP-03</b>	10	1 <sup>st</sup>
	<b>NADANPATTU</b>	<b>NP-01</b>	03	3 <sup>rd</sup>
	<b>CINEMATIC DANCE</b>	<b>GD-03</b>	05	2 <sup>nd</sup>
	<b>PATRIOTIC DANCE</b>	<b>PD-02</b>	05	2 <sup>nd</sup>
	<b>COUPLE DANCE</b>	<b>CD-01</b>	10	1 <sup>st</sup>
<b>G.TOTAL</b>			<b>43</b>	<b>FIRST</b>
<b>VAYU</b>	<b>THIRUVATHIRA</b>	<b>TH-03</b>	03	3 <sup>rd</sup>
	<b>OPANA</b>	<b>OP-01</b>	03	3 <sup>rd</sup>
	<b>NADANPATTU</b>	<b>NP-02</b>	10	1 <sup>st</sup>
	<b>CINEMATIC DANCE</b>	<b>GD-02</b>	10	1 <sup>st</sup>
	<b>PATRIOTIC DANCE</b>	<b>PD-01</b>	03	3 <sup>rd</sup>
	<b>COUPLE DANCE</b>	<b>CD-03</b>	05	2 <sup>nd</sup>
<b>G.TOTAL</b>			<b>34</b>	<b>THIRD</b>
<b>JALAM</b>	<b>THIRUVATHIRA</b>	<b>TH-02</b>	05	2 <sup>nd</sup>
	<b>OPANA</b>	<b>OP-02</b>	05	2 <sup>nd</sup>
	<b>NADANPATTU</b>	<b>NP-03</b>	05	2 <sup>nd</sup>
	<b>CINEMATIC DANCE</b>	<b>GD-01</b>	05	2 <sup>nd</sup>
	<b>PATRIOTIC DANCE</b>	<b>PD-03</b>	10	1 <sup>st</sup>
	<b>COUPLE DANCE</b>	<b>CD-02</b>	05	2 <sup>nd</sup>
<b>G.TOTAL</b>			<b>35</b>	<b>SECOND</b>

**SIGNATURE OF THE PRINCIPAL**

**B. S. S. B.Ed. Training College**  
**Alathur (PO), Palakkad-Dy**  
**Kerala - 678 541.**

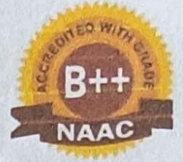


**SIGNATURE OF THE CO-ORDINATORS**



# B.S.S B.Ed. Training College

Alathur, Palakkad-678541, Kerala.



## EXUBERANZA

**ARTS DAY 2024**  
(28.02.2024)

### Programme Schedule

09:30am	<b>Guruvandhanam</b>
09:35am - 09:40am	Welcome Address <b>Smrithy Vinayan</b> Students' Union Arts Secretary (Junior)
09:40am - 09:50am	Inaugural Address <b>Dr. K. S. Balambika</b> Principal, BSS B.Ed. Training College
09:50am - 09:55am	Honoring the Judges
10:00am - 03:30pm	<b>Commencement of Arts' Day</b>
03:30pm - 04:00pm	Results Announcement <b>Dr. K. S. Balambika</b> Principal, BSS B.Ed. Training College
04:00pm - 04:05pm	Vote of Thanks <b>Keerthy Lal K</b> Students' Union Arts Secretary (Senior)
04:05pm	<b>National Anthem</b>





# TEAM 'VAYU'

## FOLK SONG

BSS B.Ed. College conducted EXUBERANZA, Arts day on February 28th 2024. Team VAYU stood together as a team and sorted its members out on the first day of the meeting. Our mentors Neema ma'am and Salabha ma'am stood by us, helping us out in each and every situation and held us strong enough and embraced us with confidence.

As part of the competition, a group for folk song was formed with 8 members in total. The group along with the mentors selected the song, "Hara hara siva siva" which showcased the the hindu traditional culture.

The group together presented a rich tapestry of folk music, creating an atmosphere that resonated with tradition and innovation.

All the 8 members of the group underwent good training under the guidance of the mentors.

To add up we used an instrument which was closely related to the music.

As a result of the joint efforts of the mentors and group members, our team secured First position in the event.

This Arts day helped us in bringing out the best and the hidden talents in each and every students.





# TEAM 'VAYU'

FOLK SONG





We, team Jalam students and teachers enthusiastically participated in this blissful arts day competition and secured overall second position with good marks. This was a precious opportunity and great memories for our student teachers.

### ***Thiruvathirakali***

Thiruvathirakali is a unique group dance of women in Kerala. The dance is performed by women in small groups, both as part of and apart from religious rituals. As per Hindu mythology, this dance is what brought Kamadeva (God of Love) back to life after he had been burnt to ashes by Lord Shiva's fury. The graceful movements of the dance are both enchanting and elegant. The off-whitesaris with zari borders and the flowers adorning their hair make for a wonderful sight. Our students performed very well and secured the second position. This performance was an eye-opening one for the audience.

### ***Students' participants***

<b>Sl.no</b>	<b>Name of the student participant</b>	<b>Course Pursuing</b>
1	Rachana B	2 <sup>nd</sup> year Mathematics
2	Gopika CS	2 <sup>nd</sup> year Mathematics
3	Sulfiya S	2 <sup>nd</sup> year English
4	Aaradhi V	1 <sup>st</sup> Mathematics
5	Smrithi M	1 <sup>st</sup> year Mathematics
6	Kavya MK	1 <sup>st</sup> year commerce
7	Sreelakshmi	1 <sup>st</sup> year commerce
8	Twinkle Rose	2 <sup>nd</sup> year Commerce



*Thiruvathirakali*



മനം മലങ്കര കിരഗാതിന



# Oppana

## Performers



Anila A  
Rohini P S  
Farhana F  
Anusree U  
Syama M  
P S Meenakshi  
Akhila U

Oppana, an entertainment dance form prevalent among the Muslim Community, usually performed by women during Muslim weddings, Oppana has evolved as one of the most popular events of the art festival.

The oppana team consisted 7 members with Manavatti and dancers. As per the criteria we were allowed to play the song for performing Oppana on stage. we chosen 'Suralokha thirukalyanam' the oppana song which long for 9.10 minutes. we got seven days to practice and we done within the allotted time and space.

the bride was clad in bright glittering dresses adorned with traditional jewels and dancers wore white Kachi, the traditional costume of Muslim women. Our palms and feet were decorated with beautiful mehndi patterns. As the cherubic bride sat with a shy smile, the dancers took steps around her, sometimes teasing and appreciating her beauty.

with bright costumes and vivacious expressions the beautiful bride and friends stole the heart to the audience at the Oppana competition. Most of the performance were of good quality, complying with traditional style and guidelines of Oppana.



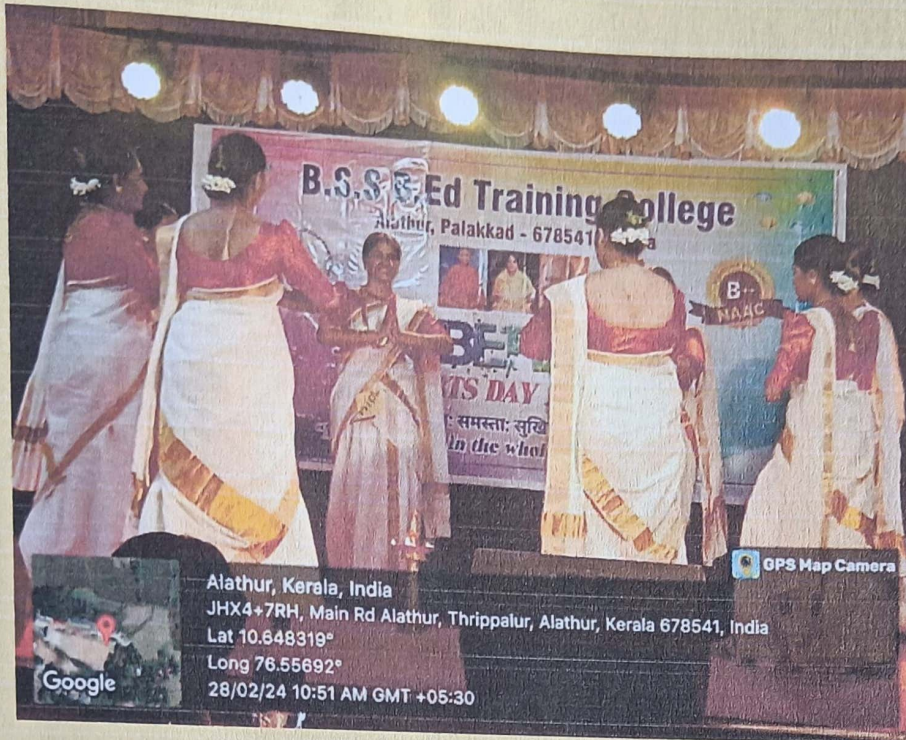


# Gallery





# Gallery





# Gallery





# Gallery







Do it big  
Do it Right-  
Do it with Style