



लोकाः समस्ताः सुखिनो भवन्तु

BRAHMANANDA SWAMI SIVAYOGI B.ED TRAINING COLLEGE

Recognised by NCTE & Affiliated to the University of Calicut
NAAC Accredited B++ Grade with 2.85 CGPA (1st Cycle)

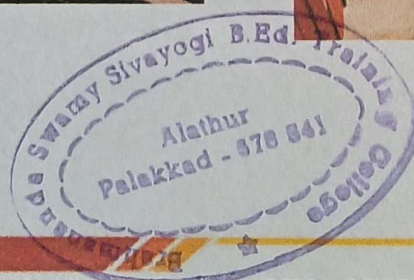
Balancing Home and Work Stress

College offers various programs to help students to manage work stress, including meditation, prayer, emotional support, and personal counselling. It helps students achieving a state of alertness, promoting mental clarity and emotional calmness. The activities are following

Meditation



Personal Counselling



KSP
PRINCIPAL
S. S. B. Ed. Training College
Alathur (P.O.), Palakkad-678
Kerala - 678 541.

Alathur P.O, Palakkad, Kerala. PIN - 678541 04922-224415

bssaltr@gmail.com www.bsstcaltr.com



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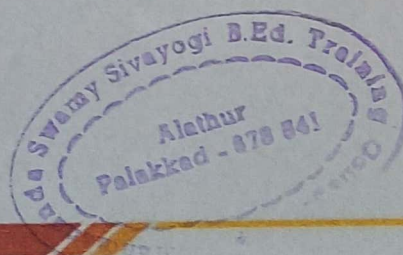
Recreational Activities



Recreational Activity



Aerobics



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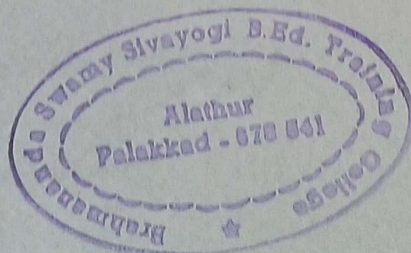


Dancing during camp fire

Cultural programmes



Cultural programmes- patriotic dance



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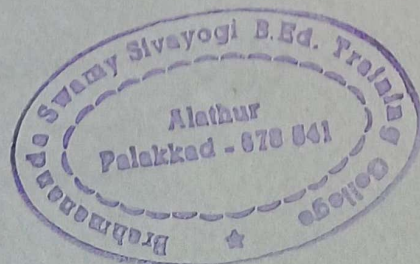


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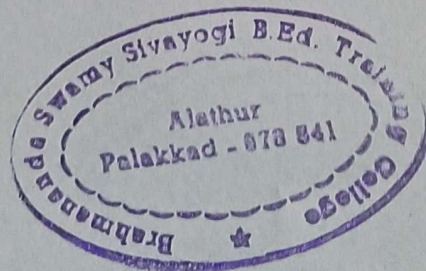
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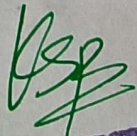


Cultural programmes - oppana



Cultural programmes- folk song




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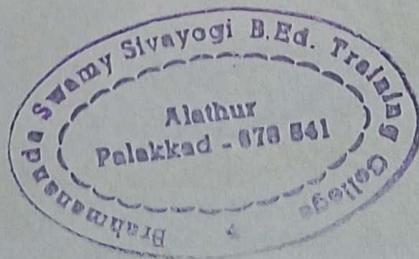
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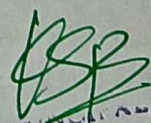
Yoga



Alathur, Kerala, India
JHX4+7RH, Main Rd Alathur, Thrippalur, Alathur, Kerala 678541, India
Lat 10.648158°
Long 76.557187°
21/06/24 11:11 AM GMT +05:30

GPS Map Camera




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Date :

Prayana – The Exploring Wisdom

<http://bsstcaltr.com/new/Mainpage/strategic>

Assembly Record Website Link

http://bsstcaltr.com/new/uploads/store/Assembly_Record_2023-24_compressed.pdf




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