



BSS B.Ed. TRAINING COLLEGE

ALATHUR, PALAKKAD-678541

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EXPLORING WISDOM – PRAYANA

Monthly Report

JUNE 2023

Social Science Option



BSS B.Ed Training College, Alathur
Social Science Department

Let's Plant a Tree!

WORLD ENVIRONMENT DAY EVENTS



COMPETITIONS

Quiz competition
Painting Competition
Skit

ACTIVITIES

- **Planting trees in houses**
- **Visit to V. F. P. C. K**
(Govt of Kerala) Alathur
- **Nature Walk**

For Registration and queries
Smt.Meera TN.9746732357

**BSS B.Ed TRAINING COLLEGE, ALATHUR
SOCIAL SCIENCE DEPARTMENT**

Organizes

WORLD ENVIRONMENT DAY

**CARING
OF NATURE**

AND THE ENVIRONMENT

RESPONSIBILITY OF ALL HUMAN BEINGS

**5 JUNE, 2023
WISDOM HALL**

**BSS B.Ed Training College, Alathur
Social Science Department**

Love the nature,

**SAVE THE
EARTH!**

5 June 2023

**World
Environment
Day**

BSS B.Ed Training College, Alathur

Department of Social Science

World Environment Day 2023

“Let us nurture nature to have a nurturing future.”

World Environment Day is celebrated every year on the 5th of June and aims at raising awareness and celebrating environmental action. This year's campaign is celebrated under the theme **#BeatPlasticPollution**. It highlights the need to take concrete action to achieve transformative change to tackle the climate crisis.

On 5th June 2023 BSS B.Ed Training College Alathur Celebrated World Environment day. The principal along with faculty members and students participated in the programme. The programme named “Let’s Plant a tree”. The aim behind organizing this programme was to give awareness to people about keeping the environment clean and safe from pollution. For the purpose, the students were asked to plant trees in their home to purify the air and make the earth green.

The programme started at 9.30 Am, Respected principal Dr.K.S Balambika ma'am inaugurated the programme with an opening speech giving an insight to the importance of the day. The team of principal and faculties *Jeevamritha* presented a poem “Ini varunnoru thalamurakk” beautifully on the occasion. At 10.30 Am students were directed to visit VFPCCK, Alathur. There was a session on the topic “Soil, Health and nutrient management” carried by Ms. Benna Syam Madam.

Benna Syam Madam was explained about the establishment of institution at the beginning. Vegetable and fruit promotion council Kerala is a company established in 2001 as the successor organization of Kerala Horticulture Development Programme (KHDP) to bring about overall development of fruit and vegetables sector in Kerala. The primary objective of the council is to improve the livelihood of vegetable and fruit farmers empowering them to carry on vegetable and fruit production and marketing as a profitable venture.

Later Ganga Devi madam had get across about the variety of seeds produced by VFPCCK. About 19 varieties of vegetable seeds are procured and processed at seed processing plant. Then she instructed about how is organic farming done at home. She clearly explained the precaution must be taken such as oil testing, the level of organic matter should maintain in soil, biological pest control, selection of seed,

seed management etc. The students were cleared their doubts regarding organic farming. After the session students were brought to shown seed testing laboratories. And the students got an opportunity to have a nature walk through the plantation.

The next on the agenda was a play enacted by students on college auditorium which portrayed the crucial environment issues facing in the 21st century. On 2.30 Pm a quiz competition was conducted by social science option and graced with all faculty members along with the participation of students in every optional subjects.

Winners of Quize Competition

First Prize	Gopika
Second Prize	Almas Abdul

Next was the most awaited segments, painting competition. It was held based on the theme "**Save Environment**". Students from different optional subjects were enthusiastically participated.

Winners of Painting Competition

First prize	Rchana
Second prize	Harishma
Third Prize	Soorya

The celebration came to an end with everyone pledging to take the initiative of saving the environment and doing their bit for a cleaner and greener mother earth.

Environmental education is now an essential part of all education stages. The objective is to achieve environmental awareness, reduce ecological footprints, develop respect for nature and take actions that help preserve the environment. The primary responsibility lies with teachers. They are the ones with an immediate and long-lasting impression on a kid's life. Therefore, the role of teaching in protecting the environment is crucial. This programme created an awakening about Nature and Sustainable development among our student teachers.

“Let us join hands to bring a positive change to make Planet Earth a much healthier, greener and happier place to live”.

2

4. Large amounts of solar energy are stored in the oceans and seas. The process of harnessing this energy is called

- A. OTEC (ocean thermal energy conversion)
- B. OTC (ocean thermal conversion)
- C. OSTEC (ocean and sea thermal energy conversion)
- D. OTEC (Ocean technology of energy conversion)

Answer: OTEC (Ocean technology of energy conversion)

5. A much cheaper and lighter fuel extracted from crude oil is used to adulterate petrol in the ratio of 3:1 (adulterant: petrol). It causes damage to the vehicle engine, besides leading to high emission levels. Name this common adulterant of petrol that most easily escapes detection.

- A. Diesel
- B. Kerosene
- C. Naphtha
- D. Mobile oil

Answer: Naphtha

6. Some people object to wind turbines because:

- A. They do not like windmills.
- B. They get in the way of photographs.
- C. Wind farms are not real farms.
- D. They are often built in areas of natural beauty.

Answer: They are often built in areas of natural beauty.

1

7. Natural gas is transported mainly by

- A. Pipelines
- B. Trucks
- C. Auto rickshaw
- D. All three equally

Answer: Pipelines

10

8. How much of the energy in burning coal reaches the consumer as electricity

- A. $\frac{1}{3}$ (one-third)
- B. $\frac{1}{2}$ (one-half)
- C. $\frac{3}{4}$ (three-quarters)

D. $\frac{9}{10}$ (nine-tenths)

Answer - $\frac{1}{3}$ (one-third)

- B. It never fully goes away, it just breaks into little pieces
- C. There is no such things as plastic waste, all plastic is recycled
- D. It is dumped in the ocean for fish to eat

Answer: It never fully goes away, it just breaks into little pieces

3

14. What is the most abundant type of "litter" on the planet?

- A. Cigarette butts
- B. Plastic straws
- C. Candy wrappers
- D. Coffee cups/lids

Answer: Cigarette butts

4

15. How many tons of plastic are dumped into the ocean every year that threatens Marine Life?

- A. 7 Million
- B. 9 Million
- C. 13 Million
- D. 15 Million

Answer: 13 Million

16. World Environment Day is celebrated on which day?

- A. 15th July
- B. 5th June
- C. 6th August
- D. 20th June

Answer: 5th June

5

17. Where does the majority of plastic waste end up?

- A. Oceans
- B. Burned for energy *Banned for energy*
- C. Landfills *Landfills*
- D. Recycled

Answer: Oceans

6 18. How many years plastic takes to fully disintegrate? *disintegrate*

- A. 500 Years
- B. 700 Years
- C. 1000 Years
- D. 1500 Years

Answer: 1000 Year

14 19. What percentage of the plastic we use is single use?

- A. 30%
- B. 50%
- C. 60%
- D. 70%

Answer: 50%

15 20. How many plastic drinking bottles are purchased every minutes?

- A. 1 million
- B. 2 million
- C. 3 million
- D. 4 million

Answer: 1 million

7 21. What is the theme of this world environment day?

- A. Seven Billion Dreams. One Planet. Consume with Care
- B. Beat Plastic Pollution
- C. Connecting People to Nature
- D. Go wild for life

Answer: Beat Plastic Pollution

22. What you can do to help stop plastic pollution?

- A. Refuse single-use plastic bottles, straws, to-go containers and coffee cup and lids
- B. Bring your own reusable bags wherever you go shopping or just need to carry stuff
- C. Ask merchants, restaurants and other establishments you frequent to consider using plastic-free
- D. All of the above

Answer: All of the above

Water Resources Quiz Questions and Answers

8

23. Where is most of the Earth's freshwater located?

- A. In icecaps and glaciers
- B. In oceans
- C. In storage tanks
- D. In lakes

Answer: In icecaps and glaciers

9

24. How is Earth's water supply being continuously renewed?

- A. Through photosynthesis
- B. Through the water cycle
- C. Through oceans
- D. Through global warming

Answer: Through the water cycle

25. Precipitation may _____ into groundwater.

- A. Leak
- B. Fall
- C. Infiltrate
- D. Flow

Answer: Infiltrate

26. Why can the depth of a water table be high in some places and low in others?

- A. There is too much leaking occurring in certain spots
- B. The depth changes due to precipitation, drought, or overuse of wells
- C. Sedimentation occurs
- D. All of the above

Answer: The depth changes due to precipitation, drought, or overuse of wells

27. Can groundwater be accessed by drilling wells?

- A. No
- B. Yes
- C. Only if the amount of precipitation is low
- D. Sometimes *Sometimes*

Answer: Yes

11

28. 44% of all the freshwater is used by _____

- A. Men
- B. Recreational activities
- C. Industry
- D. Animals

Answer: Industry

12

29. What kind of water is needed for agricultural use?

- A. Freshwater
- B. Salt water
- C. Groundwater
- D. None of the above

Answer: Freshwater

13

30. What is irrigation?

- A. Plowing the fields
- B. The process of bringing water to an area for use in growing crops
- C. Bringing groundwater to crops when they are dying
- D. None of the above

Answer: The process of bringing water to an area for use in growing crops

Annexure 3: Instructions for seedball

Collect local seeds of fruits, flowering plants and shade giving trees. Mix seeds and potting soil together. Add dry clay and mix again. Slowly add water while still mixing the seeds, potting soil, and water into a well-blended paste. When you are able to form a ball of the blended material without it falling apart, you are ready to stop mixing. Mold the mixture into small (~1 inch diameter) balls and place them on an old newspaper or on the floor. Allow balls to dry in the sun for at least one day.

D. 9/10 (nine-tenths)

Answer: 1/3 (one-third)

9. Plastic was once hailed as the wonder material but is now becoming a serious environmental and health problem due to its non-biodegradable nature. The burning of plastics, especially PVC, releases the following harmful gas into the atmosphere.

A. Dioxins

B. Le

C. O

D. PI

Answer: Dioxins

10. The states and citizens' responsibilities for environmental protection is enshrined in the Constitution of India in two articles.

A. Yes

B. No

Answer: Yes

11. of power consumed by Incandescent Bulbs gets wasted in the form of heat

A. 60%

B. 75%

C. 85%

D. 50%

Answer: 85%

12. Which one is not in National Action Plan on Climate Change?

A. National Mission for Sustainable Agriculture

B. National Mission on Sustainable Habitat

C. National Mission for Enhanced Energy Efficiency

D. National Mission for Energy Conservation

Answer: National Mission for Energy Conservation

Beat Plastic Pollution Quiz Questions and Answers

13. What happens to plastic waste?

A. It is a biodegradable material so it eventually disintegrates



GPS Map Camera

Alathur, Palakkad, Kerala, India

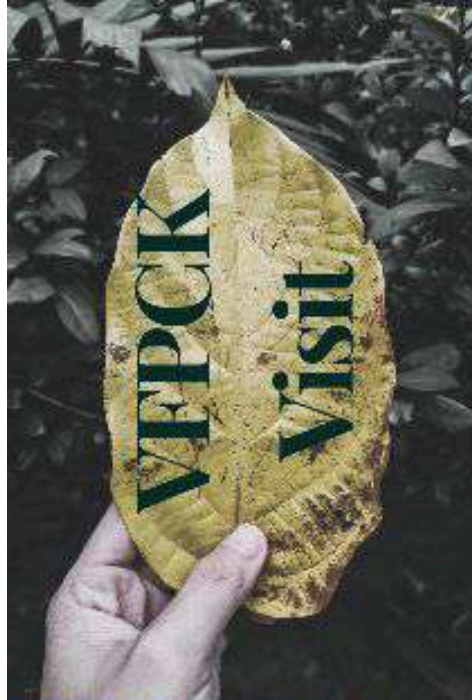
JHX4+8HP, Thrippalur, Alathur, Palakkad, Kerala

670544, India

Nature Walk

“Looking at beauty in the world is the first step of purifying the mind.”





GPS Map Camera

Alathur, Kerala, India

Seed Processing Plant, JHW4+V72, opp. BSS Gurukulam School, Thrippalur, Alathur, Kerala 678541, India
Lat 10.64727°



GPS Map Camera



GPS Map Camera

Alathur, Kerala, India

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Lat 10.647269°
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GPS Map Ca

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Lat 10.647269°
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Alathur, Kerala, India

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Google



“Nature is the art of God.”
Competitions



Think Green. Speak Green. Act Green. Our Highlights





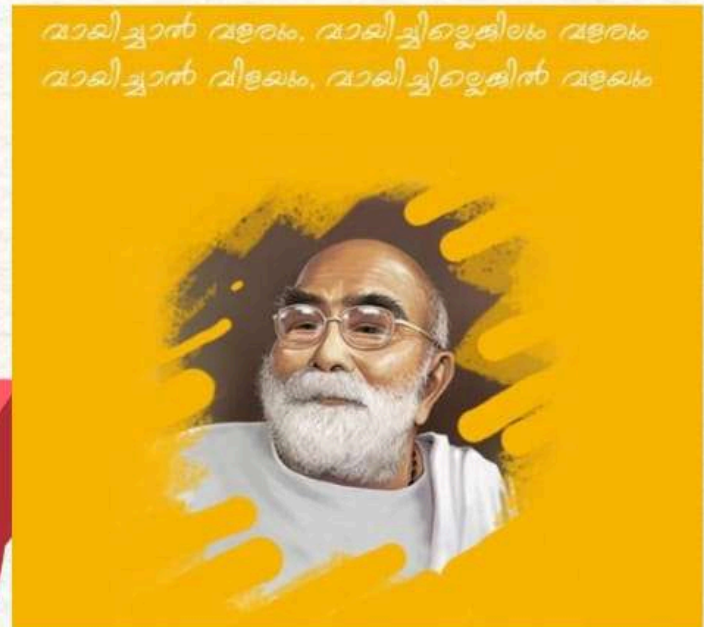




**BSS B.ED TRAINING
COLLEGE, ALATHUR**
Department Of socialscience

organizes

വായന ദിനം JUNE 19



BSS B. Ed Training

College, Alathur

Department of Social science

Celebrates

വായന ദിനം

on June 19

Welcome speech : Navya A. K, Social Science

Inaugural Address : Dr. K. S Balambika (Principal,
BSS B. Ed Training College, Alathur)

Speech : Sranya C, Social Science

Book Review : Arjun. M, Harishma. M. H, Shahidha. Y,
Srilakshmi A. J (Social Science)

Vote Of Thanks : Athira. K, Social Science

BSS B.Ed Training College, Alathur

Department of Social Science

Reading Day Celebration 2023

“To learn to read is to light a fire; every syllable that is spelled out is a spark.” —
Victor Hugo

Reading is important as it develops our thinking capacity and gives important life lessons. It moulds our personality and makes us a better person. Honoring the father of the Library Movement, the late P.N. Panicker, June 19 is being celebrated as Reading Day and the following week as Reading Week. Started as a Reading Day Celebration on June 19, 1996, it has become a mass movement to promote the culture of reading.

On June 19, 2017, the Hon’ble Prime Minister launched the 22nd National Level Reading Month Celebrations and gave a clarion call to propagate the message of “*A Celebration of Literacy*” among all the citizens of the country by 2023

In order to inculcate reading habits in students, department of Social Science organised a Celebration of reading week. Navya from Social Science option welcomed the gathering and our Principal Balambika ma’am inaugurated the session Saranya our student representative delivered a speech on importance of reading. Students were bring a book that they have read and highlighted the synopsis, message conveyed and what they liked about the book. The students of all the sections enthusiastically participated in the activity. Students analysed the books and encouraged their peers to read them through their book reviews. Teachers played the role of facilitator in this activity.

Students reviewed the books and presented critical analysis for the same. There were also class discussions conducted wherein students talked about the books that they have read, highlighting characters and events that they particularly liked and students got the opportunity to share their valuable inputs. The style, ease of language and attitude of writers were also discussed. After the discussion the students were asked to write their views on the book read by them.

In the tapestry of human history, reading has held a place of significance since time immemorial. Before the rise of digital media, it served as a primary means of expressing ideas, fostering communication, and sharing. Our department conveyed the message that If the teacher is also seen to be a reader by the students, then they will be encouraged to read. The teacher can talk in class about books that she or he has been reading, and if they are knowledgeable about the books in the class library, having read them, then they can make genuine recommendations to students about what to read. The teacher can also read aloud to students, as a way of introducing students to different genres or individual books. we conclude our report by saying “The more that you read, the more things you will know. The more that you learn, the more places you’ll go.”

Thank you

പാൽ മോന്തിയശേഷം അർബാബ് വീണ്ടും എന്റെ അരികിൽ വന്നു. വേഗം പോയി കുട്ടികൾക്കുള്ള പാൽ കറന്നെടുക്കാൻ പറഞ്ഞു. എനിക്കാ വതില്ലായിരുന്നു. അതു ഞാൻ അർബാബിനോട് തുറന്നു പറഞ്ഞു. എനിക്കു പറ്റില്ല, പറ്റില്ല, പറ്റില്ല!! ഞാൻ അലറുകയായിരുന്നു എന്നിപ്പോൾ തോന്നുന്നു. എന്റെ ആ ഭാവമാറ്റം അർബാബ് ആദ്യമായി കാണുകയായിരുന്നു. അയാൾ ശരിക്കും പകച്ചുപോയി. പുറത്തുവീഴുന്ന ബെൽറ്റടി പ്രതീക്ഷിച്ച് ഞാൻ കട്ടിലിൽച്ചെന്നു കമഴ്ന്നു കിടന്നു. അർബാബ് എന്നെ കൊല്ലുമായിരിക്കും. കൊല്ലട്ടെ. കൊന്നു തിന്നട്ടെ. അതോടെ തീരുമല്ലോ ഈ കഷ്ടപ്പാട്. മരണത്തെ സ്വീകരിക്കാൻ തയ്യാറായിക്കഴിഞ്ഞവൻ പിന്നെ എന്തു ഭയം. അള്ളാ, ഞാനൊരിക്കലും സ്വയം മരിക്കുകയില്ലെന്നു നിന്നോടും നിന്റെ നിയമത്തോടും സത്യം ചെയ്തിരുന്നു. പക്ഷേ അർബാബിന് എന്നെ കൊല്ലാൻ വിട്ടുകൊടുക്കുന്നതിൽ നിനക്കു വിരോധമില്ലല്ലോ. എന്റെ പുത്രനെ കാണാൻ എനിക്കു വിധിയില്ല. സാരമില്ല, എനിക്കു സങ്കടമില്ല. അർബാബിന്റെ കൈകൊണ്ടു മരിക്കാൻ നീ എന്നെ അനുവദിക്കുക. ഇനിയും ഈ വേദനയിൽ തുടരാൻ എനിക്കു വയ്യ..

പക്ഷേ ഞാൻ വിചാരിച്ചപ്പോലെ അർബാബ് പിന്നെ എന്റെ അരികിൽ വന്നതേയില്ല. മസറയിൽ പതിവുതെറ്റിയതിന്റെ ഒരു അങ്കലാപ്പും ബഹളവും ആടുകൾ തുടങ്ങിക്കഴിഞ്ഞിരുന്നു. അവറ്റകൾ അങ്ങനെയാണ്. പിട്ടപ്പടിയിൽ ജീവിക്കുന്നവ. എന്തെങ്കിലുമൊന്നു ക്രമം തെറ്റിയാൽ എല്ലാം കൂഴഞ്ഞു മറിയും. എല്ലാം പോയി തൂലയട്ടെ. എനിക്കെന്തു വേണം. ഞാൻ അനങ്ങാൻ പോയില്ല.

കുറച്ചുനേരം കഴിഞ്ഞപ്പോൾ മൂത്ത അർബാബ് വണ്ടിയിൽ വന്നതു ഞാൻ അറിഞ്ഞു. ഞാൻ ഗൗനിക്കാൻ പോയില്ല. അവർ തമ്മിൽ എന്തൊക്കെയോ സംസാരിച്ചു. അതിനുശേഷം അർബാബ് എന്റെ അരികിലേക്കു വന്നു. എന്റെ കൈ എടുത്തു പരിശോധിച്ചു. നീരിലൂടെ തടവി നോക്കി. കത്തുന്ന വേദന കൊണ്ട് ഞാൻ അലറിക്കരഞ്ഞു. എന്നെ ആശുപത്രിയിൽ കൊണ്ടുപോകാൻ ഞാൻ അർബാബിനോടു കെഞ്ചി. എന്നാൽ അർബാബ് കേട്ട ഭാവം നടിക്കാതെ വണ്ടിയിൽ കയറി എങ്ങോട്ടോ പോയി. ഞാൻ കട്ടിലിൽതന്നെ കിടന്നു. കുറച്ചുകഴിഞ്ഞപ്പോൾ മടങ്ങി വന്നു. കയ്യിൽ എന്തൊക്കെയോ ചില പച്ചമരുന്നുകൾ ഉണ്ടായിരുന്നു. അത് ഒരു പാത്രത്തിലിട്ടു ചതച്ച് എന്റെ കൈയിൽ നീരുള്ളിടത്തൊക്കെ തേച്ചുപിടിപ്പിച്ചു. പിന്നെ ആദിവാസികളൊക്കെ ചെയ്യുന്നതുപോലെ കുറേ തുണിയും കമ്പുമെടുത്ത് കയ്യോട് ചേർത്തു വരിഞ്ഞുമുറുകിക്കെട്ടി.





















BSS B.Ed Training College, Alathur
Department of Social Science
Celebrates

**INTER
NATIONAL
YOGA
DAY**



2023
June 21



 **Wisdom Hall**



BSS B. Ed Training College, Alathur

Department of Social Science



INTERNATIONAL

YOGA

DAY



- Prayer** : **BSS Prayer Team**
- Welcome Address** : **Anitha k**
(Department Of Social Science)
- Inauguration** : **Dr. KS Balambika, Principal**
- Speech** : **HridhyaSurendran**
(Department Of Social Science)
- Vote Of Thanks** : **Arjun M**
(Department Of Social Science)

We Cordially Invite You All



YOGA DAY REPORT

International yoga day is observed every year on 21st June to raise awareness about this ancient practice and to celebrate physical and spiritual prowess that yoga has brought to the world .

We BSS B Ed Training College Alathur celebrated Yoga Day on 21st June . The event inaugurated by our beloved principal Dr. K S Balambika with a brief introduction on Yoga . A speech about the importance of Yoga was delivered .

Warm up exercise were taken and all the students practiced and performed *Asanas* under the guidance of Santhosh physical education teacher and he explained the importance of these were simultaneously. The celebration concluded with vote of thanks for all the faculties and students .







